

Upna Nei



SABBATH NITAAK

Tu Kaalsung Simding: *Mark 8:11, 12; Matt. 15:21–28; Luke 7:1–10; Eph. 2:8; Hebrew 11; Mang. 14:12.*

Kamngah: “Tu in upna in i lamet nate tungah lungmuan’na le a kimu nailo nate telcianna ahi hi.” (*Hebrew 11:1, ZSV*)

Mikhat in “Upna icih WiFi tawh kibang hi. Kimutheilo hinapi, na kisapna bangin hong kizomsak thei hi” cih. Himah hi: Upna omlopi in Pasion tawh kikhawlhna zong om theilo hi.

Tuni in nang’ upna koibang hiam? Pasion na upna a liing ngei hiam? Pasion tawh kikhawlhna sungah koibangin mainawt ding cih natheihlohna munah tona khatpeuh na tuakkha ding hi. Tua a hihkeileh na upna pen, amom nocik panin a san zeezaa melpua in hong palhkhia a, innsung khempueh a namtui sak mahmah lingpaak bang ahi hiam? “Upna nei i cih ciangin i muhtheih nailoh i lam-ette ngah takpi ding ci in muanna lungsim neihna ahi hi” (*Heb. 11:1*). Eima’ thu tawh a kikalsuan thei mawkmawk hilo a, “Pasion in note tungah upna hong piak zah tawh kizui in” (*Rom. 12:3*) cih. Upna pen Pasion hong piakkhong hi (*Eph. 2:8, 9*) a, tua upna mahmah pen Pasion in eima’ sungah hong piaksa ombang hibek hi.

Tu kaal sung upna thulu tawh zonkhiat ding tengpen: lunghianna leh uplahna koicah ding; Upna khauh in bang hi a, “Zeisu’ upna” in bang hiam cihte ahi hi.

**May 23, Sabbath ading kiginkholhna in tu kaal lesson sim in.*

Lim' Khatbek Hongpia In!

“San Tuipi kikhenkham, manna hong kiatsuk, Zeisu in mittaw mipa a damask cihte muleng um petmah ning” cih khawng za ngeiphial in nangmah'n zong ciphial thei ding hiteh.

A langkhat ah, tanglai mite sangin tulai mite in upna i neihting banghang in baih zaw ding hiam? Israel mite in Lai Siangthobu zong neilo, eite bangin tangthu saupibu zong neilo uhhi. Pasion' makaihna leh hoihna teng nung leh-et kik dingin Moses in hanthawn pha mahmah bek hi (*Thkna. 4: 7-10; 8: 2, 3*). Israel mite tawh kibanglo in eite in kum 6000 petmah a sau Lai Siangtho tangthu neikhin hihang (*John 20:30, 31*).

Khangsim in lim a deih uh mahbang in ei' khang in zong kideih lel hi. Matthew 24 sim lecin, eima kimkot teng mahah tua limte tangtung pha mahmah pahlel hi.

Zeisu' hunlai amite in lim tapi mukhin napi un Zeisu in Pasion Tapa ahinna lim mah deihlai veve uhhi. Zeisu in koi dawn hiam? (*Mark 8:11, 12*).

Pharisee mite hihbang in eite'n Zeisu sittel in i nial hiam? Up dingin hong piaksa khempeuh uplohna tawh Zeisu peuh i “khuisa sakkha hiam” (*Mark 8:12*)?

“Jew mite a ding hih limte kisam khollo hi. Apuatham thupiang te in amau phat tuamna piazolo hi. Amaute un ngaihsutna pilna Khanna hizawlo in, khalam tha guatna hizaw hi”—Ellen G. White, *The Desire of Ages*, p. 406. Tua mahbang in eite in thumaan tawh khalam khantohna, Pasion tawh ahunhun in kikhawlhna taktak i kisam thei ding hiam? Eite in Lai Siangtho tungtawn in i khutsungah pilna tapi neikhin ihih manin lim khawng peuh kisam nawnlo lel ihi hiam?

Tua hi-a, eima uplahna hangin Zeisu “khuisa liangin” i omsak sangin: Zeisu mah in Thomas kiangah “Kei hong mulo napi in hong umte a dingin lungdamhuai mahmah zaw ding hi” (*John 20:29; Heb. 11:1*). Pasion in mittaw liangin upna hong kallo a – up theihna ding thu tapi zong hong piakhinzo zaw hi. Tua thu tampite kawmkal mahah uplah theihna'ng mun tapi mah na om veve lai hi. A thubulpi in lunghianna a piangsak theite hilo, upna a khauhsak theite bulphuh ding hizaw hi.

Pasion sungah na upna teng Second 60 sung bekbek gen ding hong kicileh koibang teng na genkhia tammaw? Nangma dawna in Pasion leh nangma' kikhawlhna bangteng pulaak hiam?

Zeisu in i' Upna Mu Hi

Mark 4:40 sunga Zeisu in a nungzuite' upna a genna le Matthew 15:21-28 sunga numei nu' upna tehkak in.

Zeisu nungzui i kicih mawkna tawh i upna a khauh hi pah kici thei tuanlo hi. A taktak in ah, mi khenkhat in um kici mah le-uh, Zeisu in amau lungsim sung a om taktak thute thei khin hi (*Johan 2:23-25*).

Simin, Luke 7:1-10. Hih thute panin upna tawh kisai bang thu kisin thei kha a hiam?

Mark 9 sungah, Zeisu in a tapa sung pan daw i a hawlkhiat sak nadingin Zeisu kiangah a pai mipa khat thu i sim hi. Ahi zongin amah in, “Topa aw, ka um hi; ka upna a kicin lohna ah kei mah hong huh in!” (*Mark 9:24*) chi-in a gen zo ding khop bek upna a nei hi.

Hih kizopna khempeuh ah, Zeisu in mite' upna ahikheileh upna a kisapna uh mu a, tua upna hangin ahikheileh upna khantohsak nading in thupiang lamdangte sem hi.

“Kha Siangtho in i up nadingin hong thapiak hangin, kha galte in i nuntakna sungah Pasion kihelna i uplah nading ahikheileh i nial nading a deih hi. Lungsim sungah i upna kician lohna in daw-i bang in thahatna nei hi. Amaute' vawh uplahna khaici ii a gah aat kik ding hi, ahi zongin uplahna khaikung khempeuh a zungpan kilongkhia siang ding hi. Hih gu'nei khaikungte a kibawhkhiat ciangin, kampau le gamtatna ah a thapia omnawlo ahimanin khang thei nawlo uh hi. Kha in upna le itna khaikung manphate lungtang sungah posak in, tua munah mapang sak ding hi.”—Ellen G. White, *Faith and Works*, p. 17.

Pasion, Ama' omzia le Ama' Thu tungah lunghian'na i neih ciang in, tuate bang cih ding ihi hiam? Pasion in Abraham, Moses le Job te tawh a kiholim mahbangin; eite tawh zong holim thei dingin, Ama' limle-mel suunin hong bawl ahim manin, mihing tungtang thu om peuh mah paisan hetlo hi. Pasion in ciangtan omlo Ama' zaina limle-mel sungah semkhawm dingin hong deih a, telcian kim zokei phial leng zong, sangthei in ki-aap dingin hong sam hi.

Na upna hong guanding tawh a kibang thute ngaihsun in. Tua laitak mahin, bang hun, bangthu hangin tua thute khawlthei-a, a kipkho upna koibangin khanglo saktthei ding nahi hiam?

Upna i cih Lungsim Phawngna Hilo

Zeisu in ankamtang cia upna neile-uhcin mualte nangawn na khiin zoding uhhi (*Matt. 17:20*) cihi. Ankamtang namuh ngei nakleh, a neu dan thei niteh. Tuazah a neu upna in kikheelna lianpi bawlthei hi. Tua hi-a, upna thupi mahmah a, a nasepna ah mihing' khengval in vang lian thahat hi. Ankamtang in singkungpi mah a suahtheih mah bangin (*Matt. 13:31, 32*), eima' upna zong khawlciplo in khangto ding hi.

A taktak-in, Pasion tawh kizopna i neih theih nadingin a kipatcil-in upna i kisas hi. (*Rom. 12: 3*).

Simin, Ephesus 2:8 in hotkhiatna thu ah upna in koi bangin maa pang hiam? Khatpeuh in banghang in “Pasion in upna hongpia nailo ahiah manin ke'n nei nai ke'ng” ci theilo ding hiam?

Upna cihpen neih le lamh van hilo cihtel masa ni; Kha Siangtho khanlawh sakna tawh mihing' thuhkikna hibek hi. Hong kalsuan masa Pasion hi-a, eima' phalna tungtawn in, Ama' kiang ah hong kaai hi (*Jer. 31:3*). Zeisu' sihna hangin, Pasion in hong piak hehpihna tawh, eite hotkhiat ihi hi. Pasion' hehpihna upna hangin eite hotkhiat ihi hi. Hih mahmah in zong Pasion tawh kikhawlhna thu bulpi mah ahi hi.

Upna icih feeling hilo cihmah ciamteh pha ni. “Upna cihpen ei mahmah in nuntak pih in gamtang sak ding cih mi tampi in phawk lo uh a, upna tungtawn in hong piang feeling bekmah ngakin om ngeu ngau uhhi. Feeling zong upna hi tuanlo hi. Upna cihpen sepkhiat ding hi-a, lungnopna le thuphate pen Pasion hong piak ding ahi hi” —*Early Writings*, p. 72.

Mi pawlkhat in Pasion tawh kinai kisalo uh ahiah manun, Khristian ahiahna uhtawh ahi zongin upna nei ding cih phawkkhalo uhhi. Upna icih in, hunhoih sungbek hilo khuamial huihpi lak, nangma nunna in bangciang tungding cihzong natheih melloh laitak in zong, Pasion upna muanna ahi hi.

Pasion tawh i kikhawlhna le biakna vaite peuhmah feeling in uk sak ngeilo ding hihang. I ngeina bangin Pasion tawh kigamla i kisak ciangin, i upna gamtang sak ding hang a, Mark 9:24 sunga Pa bangin Pasion sam ding hihang.

Anuai-a Lai Siangtho munte sim inla, Pasion tawh na kikhawlhna hong thahatsak ding upna tawh gamtatna ahiam pulak in: *Heb. 12:1, 2; 2 Khang. 15:7; Rom. 3:23–26; Luke 7:50*. Pasion tungah thungetna in aging in simin.

Upna ah Etteh Dingte

Tuni-in Hebrew 11 upna chapter simin hun tawmno zangin. Aging khia in sim masa inla khawl hetke'n. Anihveina simkiklai inla, tua khitciang, anuai-a dotnate na ngaihsut dan in gelh khia in:

- Taang 1 na simkik in. Na muh nailohte tuni in bangteng na lam-en hiam? (Tuletu a kisappah le sunmang khentel siam in).
- Nangma mimal teei panna le na kikheelna sungah upna in koi bangin maapang hiam?
- Taang 3 na a, Pasion le a Piansakna simin. Pasion om takpi ahihna lampi tampi taktawh uptheih nadingin banghang in baih thei hiam?
- Taang 6 sim inla, a thupuak teng na kammal tawh gelh suk in.
- Taang 7-40 in, Lai Siangtho' mi tampi takte' nundan teng pulak hi. Upna in hih mite Pasion tawh akikhawlhna a thahat sak thubulpi banghang in hithei hiam?

Pasion thei in, Amah tawh a nungta kikhawlhna neihna in upna hong kal hi. Upna kiliing khat koibang in thapia in upna thahatsak thei ding nahiam? Anuai ah ngaihsut piak na tawm om hi:

Ankamtang bang upna neucik in vangliatna nei-a, Pasion tawh na kikhawlhna hong khangto sakthei hi (*Matt. 17:20*). Pasion tawh na kikhawlnop nakleh Pasion in na upna khangto sak ding hi.

Upna in Pasion hong hopihna A Thu zakna panin hongpiang hi (*Rom. 10:17*). Nisim Lai Siangtho simin thungetna tawh ki-aap in.

Na upna khangsak dingin Pasion kiangah ngen in (*Luke 17:5*). Dawivei pa ii pa in Zeisu kiangah hongpai in khitui luangsa in "Topa aw, ka um hi, ka uplahna hong huh in" (*Mark 9:24*) acih mah bangin i uplahna kithei in upna hong khangsak dingin Pasion kingen thei hi.

Upna le uplahna omkhawm thei hi (*Mark 9:24*). Nangmah'n dotna naneih ma'n peuhin Pasion kiangpan paikhia mawk ke'n. Eima hotkhiatna zong launa le liinna tawh sepkhiat ding thupi hi (*Phil. 2:12-16*). Mi kiangpan upna na leitawi sangin nungakpil ngate bangin (*Matt. 25:8*) nangma' upna neipah in.

Kha Siangtho dawngthuk inla, Nangma nunna ading a tamzaw ngen in.

Na upna gamtaang sak in. Upna icih feeling hilo a, up ding khen satna cih phawkzel in. Khuamial namuh theihlohna ah Pasion om cih phawkin (*2Cor. 5:7*).

Pasion'cihtakna adingin lungdamko in thungen in. "Na cihtak na lian hi" cih la a lamal ngaihsun in.

Zeisu' Upna

Hih leitung in tawplam manawh in vanmi thumte thupuak in Pasion' thukham len kip in Zeisu' upna a nei mite acih hun hong tungta hi.

Simin, Mangmuhna 14:12. “Zeisu' upna” in bang acihna hiam?

Seventh-day Adventist pawlpi in upna tawh diktanna a teldan kisin lecin, 1890 kiimteng in Zeisu' upna le vantungmi thumte thu puak in pawlpi kipkhosak cih namu ding hi. Tua hun ciangdong in pawlpi in thukham mah bulphuh in pibawl uhhi.

Tuabang ding hilo a, lungdamthu bulphuh ding hizaw hi. Tuathu Ellen G. White in a tomgenna ah: “Pasion' thukham bel kitangko khinzo hitaleh, Zeisu' upna zong a kikim in thupi cihleh thukham leh lungdamthu in tonkhawm cihthu - Seventh-day Adventist pawlpi in tangko nailo hi” —*Selected Messages*, book 3, p. 172.

Hebrew 11 in Pasion teeltuam, upna thahat mite pulaak khinzo hitaleh, kuamah peuhmah in Zeisu' upna bang upna nei peuhmah nailo uhhi.

Simin, Matthew 26:36–42. Hih hun thupi sungah koi bangin ki pulaak hiam?

Zeisu' upna kanei hi icih ciangin, thupiak zuihna tawh Pa tungah Zeisu' upna peuhmah khengval sak ding bek hilo; Zeisu tawh nisim kikhawlhna zong ahi hi. Eima' ni sim nunna a ding thubul hisak lo in Pasion tawh kikhawlhna om theilo cih theihtelna a hi hi.

Zeisu' upna nei cih ciangin, Zeisu eima sungah omsak in, Zeisu mahin upna thu bulpi ahah manin, Ama' upna zong eima lungtang sungah omsakna ahi hi. Khatveivei ei' upna zong thanem theikha ding hi taleh, Zeisu in kilawm (*Mang. 5:9*) ahah manin, Ama' upna zong kineithe ta bek thamlo, hehpihna silpiak bangin eima' deihang in kizangthei ta hi.

Zeisu' upna bangzah nadeih hiam? Nang hong piakna dingin kiniamkhiat takin ngen inla, Hebrew 11:6 sunga ombang in nang ma mimal a ding thungetna ah, “Topa aw, upna omlopi in nang hong kilungdam sakzolo hi. Nangmah omtakpi cih umin nakiang zuan kongpai hi. Lungsim takpi tawh kong zon ciangin, thaman tawh hong thukkik ta in” ci in.

Ngaihsutbeh Ding: Eite in upna hangin diksakna Pasion tawh kilem na kingah hi (*Rom. 5:1*). Upna hang mahin siangtho sakna (Zeisu tawh kibat theihna vang) kingah hi (*Sawl. 26: 18*). Ei' nunna sungah Zeisu lutsak ciangin, upna hangmah in Pasion' taktak i suak hi (*1 John 1:12*). Pasion' Tapa sungah upna tawh i nungta uhhi (*Gal. 2:20*).

“Eite in amawkna taktak ihihlam theitel in, honkhiapa hoihna bek mah a muang kuamah a huzaap zolo kha sangin, a hehpihhuai zaw kha dang omlo hi. Thungetna, Ama' Thu simna, upna tawh Ama' sungah omna, mihing' thanemna in a nungta Khazih sungah a nuntak leh; amaute a khahsua ngeilo ding khut tawh Khazih in zong lenkip ding hi” —Ellen G. White, *The Ministry of Healing*, p. 182.

“Amaute' upna pen, deihtak thungetna le antanna, lungsim kiniam khatna in tha hat sakthei ding hi. Angsung hawmsak ding a, Kha le Pasion' vang tawh kidimsak ding hi. Deihtak in hahkatna upna tawh Pasion ki-aap in – Pasion bekmah muan ngeungauna le Ama'na sepna sungah siitneilo-in kipum-aapna bekin – vantung huih lak a om ukna aana neite, hi leitung khuamial a uk a tuamtuamte le a sangna a om kha gilote dona ah kipkho thei bek ding hi” —Ellen G. White, *The Desire of Ages*, p. 431.

Kikupding Dotnate:

- ① Galpa dona ah Kha Siangtho tawh pankhopna tawh kisai-in, a tunga a genna ah, a thupi thukhen thupi nga a kilakkhiate bangte hiam?
- ② Siatna tawh kidona ah upna in bang mun thupi nei hiam?
- ③ Tu laitak na nuntakna sungah hih kidona bangci mu na hi hiam?
- ④ Hebrew 10:23 simin. I upna i pulaakna lenkip ding bang hang in thupi hiam?
- ⑤ Tha neem na kisakt ciangin Zeisu tungah na kingak zawsem nading hunpha ahihna hih thuman thu bangzahvei na ngaihsut ngei hiam?

Tomkaihna: Pasion in Amah tawh kizopna bulphuh nadingin mi khem peuh tungah upna tehna pia hi. Upna bulpi le kicinna kha pa ah mah bangin, Zeisu in i vekpi khempeuh adingin upna thahatna lim honglak hi. I upna aneu hun ciangin, kahna le thungetna tawh i kuan a, i lung sim i piakkhiat takpi ciangin, Pasion in i nuntakna sungah thu lam dangte semding hi (*Jer. 31:2–4, 9, 11, 12 en in*). Ama in A lampi ah hong makaih dinga, i puk loh nadingin le nopna i neih nadingin hong tonpih ding hi. Zeisu pen thu khempeuh ah enkopding kicing pen hi-a, ama upna i neihna in hun tawpna ah ama mite i hihna honglak ding hi.

Solusi-ah Kisel Dingin Pai

Lindsay pen a upna hangin Zimbabwe gam a Seventh-day Adventist sang ahi Solusi University ah pailo hi. Ama Adventist hi lo. Tua lai ah lawm a neih manin a pai hilo hi. Campus sungah kua mah a thei kei hi. Zuaa genna ah matlehen a thuk loh nadingin Solusi ah a pai hi.

Lindsay in sang a zawh ciangin, university ah sangkah ding amang hi. Ahih hangin tua khitciangin a nu le a pate'n sum neilo cihthu zasak uh hi.

“Na theih siam ding kizam hi,” anu in ci hi. “Hun a sawt phial zongin university na kah ding ka kiam hi.”

Nu pen puan khuisiam khat hi a, Pa in ama khui sa puan tualte, parda te, le sofa khuhnate zuak hi. Ahizongin Lindsay in sang a zawh ciangin sumzon hoihlo in, a nu le a pate Botswana ah pem ding thu kim uhi.

“Thute hoih semsem ding hi,” ci-in a pa in tha pia hi. Lindsay in kum nga sung innkuan sumzon nasepna ah huh hi. Zimbabwe pan lawm luite in phone tawh hopih in, “na nuntakna ah bang thupiang hiam?” ci-in dong uh hi. “Nangmah bang in lai ka sin laitak hi,” ci-in a dawng hi.

Hun beitoto in, university kah ding a tupna pen lungkia kuan phial hi.

Nu sum zonna tawmtawm in hong hoih semsem hi. Van lei ding mi tam semsem a, sai khat hong hi. Ni khat ni in, a Pa in Lindsay sam a, nui hiau-hiau kawm in a sang zom nading university khat peuhpeuh a teel theih nading thu gen uh hi.

Lindsay lungdam mahmah hi, ahih hangin koi-ah pai ding hiam cih kician takin theilo hi. Zimbabwe University-ah pai ding ngaihsutna nei hi, ahih hangin tua lai-ah a lawmte sang kah uh a, amah sang kah lo cih a lawmte in a theih ding deih lo hi. Midlands State University a en a, tua lai-ah a lawmte zong sangkah uh hi. Solusi simloh sangpi khempeuh ah lawm a nei hi. Tua ahih manin, tua lai-ah pai dingin a khensat hi.

Lindsay a tun ciangin Adventist pawlpi thei ngei nailo hi. Ahi zongin Sabbath simin biakinn ah pai a, kha giat khitciangin tuikiphum hi. A nu le a pate'n Zeisu ading a nuntak ding a khensatna a lungdampih uh hi.

Tu-in Lindsay Chikanda kum 24 pha ta a, a kum khatna sinna khin hi. A sangkahpih lawmte tungah thuman gen dingin kigingta a, “Ka lung nuam kei, ahi zongin thutak kong gen kei hi, Lai simlo kahi hi. Ka nu le ka pa in ka sangman pia zolo uh a, Botswana ah amau tawh nasem in om ing. Tua khitciangin Solusi-ah pai in, Pasian ka mu hi. Nang zong Pasian na thei nuam hiam?” ci-in gen hi.



Sabbath School sumpite'n leitung khempeuh a Seventh-day Adventist pilna sin nate panpih hi. Nasepna ading na piakna uh tungah lungdam hi. bit.ly/Lindsay-IS.. ah Lindsay-i' YouTube video tomno khat en in.

Khen I: A Huamin Etna

Thubulphuh: *Hebrew 11:1*

Lungngaih Ding: *Hebrew 11; Pian. 15:6; Mang. 14:6.*

Na khempueh nei-a lungnopna bek a sam kumpipa khat om hi. Tualeh lungnopna a ngah nadingin leitung kiimveel sawm hi.

Ni khat, lungkia-in gam lakah a pai laitak in la kisa khat za hi. Tua la-in kumpipa lungnuam sak hi. Amah'n zong la bekbek in amah lungnuam sak ahiehleh la sapa' lungsim pen lungsim pen lungnopna tawh kidim ngeel inteh ci hi. Kumpipa zong lasapa kiang hong geigei hi. Lasapa pen lung nuam takpi hi. Kumpipa zong hong lawp in bang thu in amah lung nuam sak ahitam ci hi. Kumpipa zong tua pa kiang hong dot sawmta hi.

Kumpipa in "bang nei na hiam?" ci hi. Tua pa zong dawn' dan ding thei meel lo-in "Bang nei ka hia?" ci hi. Kumpipa in zong "Hi mah ei, bang nei na hiam? Bang nei-a lungnuam na hiam?" ci hi.

Tua pa'n zong "tua ka silh puannak bek nei ing" ci hi.

Kumpipa in zong: "na puan hong pia-in, hong hau sak ning" ci hi.

Tua pa zong thukim hi. Apuan pia-a kumpipa in zong kham ip khat pia-in paikhia hi.

Kumpipa zong a puan silhin lawng lawng, taat taat taleh bangmah piang tuanlo, nop sa tuan nailo hi.

Hih tangthu ii gennop pen lungnopna cih pen i neihna tung ah omlo cih thu hi. Pasion' mite pen Hebrew 11 sung-a kigen danleh hun nu'nung ciang in (*Mang. 14:12*) upna cihpen ei' sungah zong kingalo cih mu ding hi hang.

Khen II: Hilhciaanna

Thupatna: Upna pen koicih kalsuan toto hiam? Tua thu i dawn' nadingin upna thu a gen Lai Siangtho mun thum en ding hi hang. Amasa mun pen bel "upna" a khiatna a gen (*Heb. 11:1*) na mun hi. Tua a khiatna Thuciam Lui sung-a upna lam ah min ngahte in kip sak ding hi (*Heb. 11:4-40*). Anihna mun bel upna hangin thumaanna ii pa a hong suak Abraham in upna thu honglak hi (*Pian. 15:6*). Athumna bel hun nu'nung a Pasion' mite tecipan'na hi (*Mang. 14:12*).

Upna Akhiatna (*Heb. 11:1*). Hebrew 11:1 bek in upna' a khiatna gen hi. Hebrew bu a gelhpa Paul in upna ah thu nih kigawm ci hi. Akhatna pen muh nailoh thu lamem (*Heb. 11:1*) hi-in leitung hun bei hun genna hi.

Pasian hong pai ding, hun bei hun ah Pasian' kumpigam hng pai ding, hih pen Thuciam Lui hun-a a khangte' a ngahloh uh kamciam hi (*Heb. 11:39*).

Upna ah kihel nihna pen "a kimu nailo nate telcianna" hi (*Heb. 11:1*). Hih pen leitung kipian'sakna thu genna hi. "Kimu" pen Hebrew 11:1 ah *blepomenon* pen Hebrew 11:3 aa *blepomenon* kaw-k-a leitung kibawlna thu genna hi. Cih ciangin, upna cih pen Pasian pian'sak thu nih tawh kisai hi cihna hi: Pasian in leitung a pian'sakna le Nihveina hongpai kik ding thu hi. Upna in a kimutheilo leitung kibawldan le a piang nailo Khazih nih veina hongpai kik ding thu a um dingin hong cial hi. Tua ahih manin upna cih pen leitung kipian sakna le nih veina hong pai kik ding thute ah kinga hi. Hih thute Lai Siangtho sung ah hong om theih pen a piang kha pak cihdan hilo hi. Lai Siangtho pen leitung kipian' sakna tawh kipan-a (*Pian. 1:1-2:1*) Topa hong pai ding thu tawh khup hi (*Mang. 22:20*). Thuciam Thak in leitung kipian'sak na tawh kipan in Topa' ni hong tung ding hi cih tawh khup hi (*Mal. 4:5*) ahih keileh zong Sabbath tawngak kum sung in Babylon saltaan'na pan ciah kik ding lametna tawh khup hi (*2 Khang. 36:21-23*).

Hih thukawng tu'-a i khil ding Lai Siangtho mun dangte ah zong kimu hi. (1) Piancilna bu pen leitung kipian'sakna thu tawh kipan-a khap sa gam thu tawh khup hi (*Pian. 50:24-26*). (2) Tua bang mahin *Pentateuh* pen leitung kipian'sakna tawh kipan in Khapsa Gam le thawh kikna kilam etna tawh khup hi (*Thu 34:4-6*). (3) Isaiah bu pen Pasian in a mite tung ah a hawm thawh na vantung le leitung in a theihpih dingin kohna tawh kipan in mihing te'n Sabbath pan Sabbath Topa a bia dingin a pai vanthak leithak kipian'sakna thu tawh tawp hi (*Isa. 66:22, 23*). (4) Thuhilhsia bu zong leitung kipian'sakna thu tawh kipan in (*Ths. 1:1-11*) mailam ah thu khenna om ding hi cih tawh khup hi (*Ths. 12:14*). (5) Daniel bu zong leitung piancil lai dan mahin an neek tawh kize-etna (*Dan. 1:12; Pian. 1:29 tawh saikaak in*) tawh kipan in Nihveina hong pai kik ding "hun a bei ciangin" thawhkikna om ding hi cih thu tawh khup hi (*Dan. 12:13*). John lungdamna bu pen leitung kipian'sakna thu tawh kipan a (*John 1:1-10*) Nihveina hong pia kik ding hi cih kamciam tawh khup hi (*John 21:22, 23*).

Abraham' Upna. Pasian in Abraham pen Messiah hongpai ding thu tawh tha ngah sak hi. Van-a aksite tawh kamciam a ngah ciangin Abraham in um hi. Hebrew verb *he'emin* "um" cihpen lung lawpna, thu muhnate khengto lai-in "um sak" cih ciangdong tun hi. "Um" cih pen biakna upna,

pen thupiang le khinkhaina lam hi-in 'aman "kip" "kinga thei" cih kam bul lamleek hi, a diak in-ah preposition *be* ("sung ah" "tung ah") le object kithuah khopnate ah hi deuh hi. Hih dan upna nam pen Pasion pen thu maan hi ci-a simna hi. Pasion pen "simsak" cih verb ii subject hi. Hih kammal pen Pasion om hithiatna (*niphal*) agen *yekhasheb* verb "sim" "guan" cih dan-a mundang a kizanghte tawh kibang hi (*Siam. 7:18; Late 106:31 tawh saikaak in*), tua takah zong Pasion pen subject mah in om hi. Tua pen Pasion in Abram' upna pen thumaan hi ci-in "simsak" cihna hi (*Late 106:31*).

Mihing sepkhiatte in thumaanna piangsaklo hi; thumaanna pen Pasion piak letsong hizaw hi. Piansil 15:6 in Abram' hun-a tanglai Egypt upna laangte langgen na hi. Pasion ahi-a Egypt ahizong "simsak" "dik" cih pen thukhen zum' kamzat hi-in dik mah hiam cih kisitna ah kizangh hi. Tang lai Egypt hun ah mi khat ii dikna pen Pasion dikna tawh kisaikaak hi. Hih dan-a kitehna ah mihing pen Pasion bangun a dik dingin kikal hi. Tua ii lang ah Abraham' dikna pen Pasion in a sepsakna tawh ki-en hi. Lai Siangtho muhna ah "dikna" (*tsedagah*) pan Pasion' zia khat (*Isa. 45:24, Dan. 9:7*) hi-in tua dan "dikna" pen mihing tengah Pasion bek in a piak theih letsong hi (*Thu. 6:25; Thu. 24:13; Isa. 45:24; Late 24:5*). Abram pen midik-in kisimna pen ama hahkat zawhna hang hilo-in ama' ading Pasion in a sepsakna tung ah kingak nopna hi (*Rom. 4:2-4*).

Hun nu'nung-a mi siangthote' upna. Thuciam Lui le Thuciam Thak ah thukham le lungdamna thu a om lam Ellen G. White in i pawlpi min ah om hi ci hi (*Selected Messages*, book 2, p.385). Tua thu pen thupi-a pawl pi min ahi "Seventh-day Adventist" pen SDA pawlpi kipputna ah kiphuak min hi: "ko pen pawlpi in dingin Pasion' thukham le Zeisu Khazih' upna a zui dingin kiciam-in Seventh-day Adventist kici ung" (*The Advent Review and Sabbath Herald*, Oct. 8, 1861).

Hih danin pulaakna pen Mangmuhna bu sungah zong kimu thei-a ni tawpni hun ah Lai Siangtho thumaan tecipangte kici hi (*Mang. 14:12*). Hih Lai Siangtho mun ah "mi siangthote" pen "Pasion thupiakte zui-a, Zeisu upna a lenkipte" kici hi. Thukham le "Zeisu upna" cih pen muh theih thuman'na le muh theihloh khalam upnate sangin thuuk zaw lai hi. Laigelh dan in gamtatna nam nihte pen tua thuman thutak mah tawh kisai hi cih lak-a, tua nihte pen thukham zuihna pen Zeisu' upna cihna hi.

Khen III: Nuntakna-ah Zatpah Ding

Siate ading: Anuai-a thute pen Sabbath sangkahte upna le thunget ding tha piak na hi. Khat peuh peuh Lai Siangtho mun sim sak in. Tua khitteh bang thugui om hiam cih kikum in.

Up ding kisinna (*Matt. 15:21-28 simin*)

Thukhun 1: Thungen inla Pasion hong za, hong dawng khin, hong dawng ding dan khat in om in.

Thukhun 2: Tu lian-a na “upna” din mun, na tuah khak thute ah patau nawn kei in. Na mialam mah kal’suan inla, Pasion muang in.

Thukhun 3: Pasion tawh a ton khawm ding, Ama’ thukhamte zuih sawm in. Tua thuman’na in buaina (za, lawmte suplawh na, etc...) a piang ding zong in hih sawm in.

Kikup ding Donate:

1. Thuman le kiniamkhiat in Pasion up ding pen bang a cihna hiam?
2. Tua dan kiniamkhiat upna pen bang tawh kibang hiam?

Ciaptehding:
