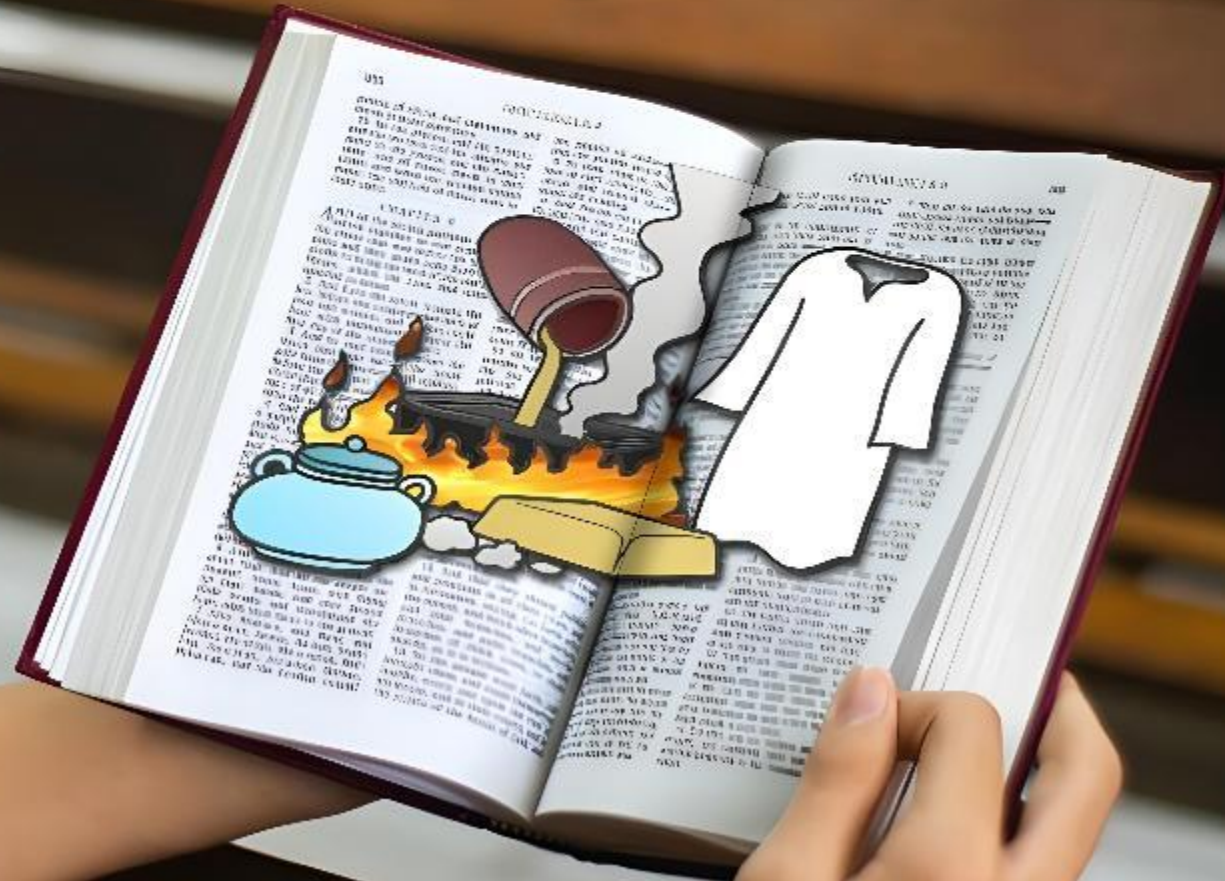


# ŪŪMA GŪTHŪRIMWO



Lesoni 1 ya Aprili  
4, 2026



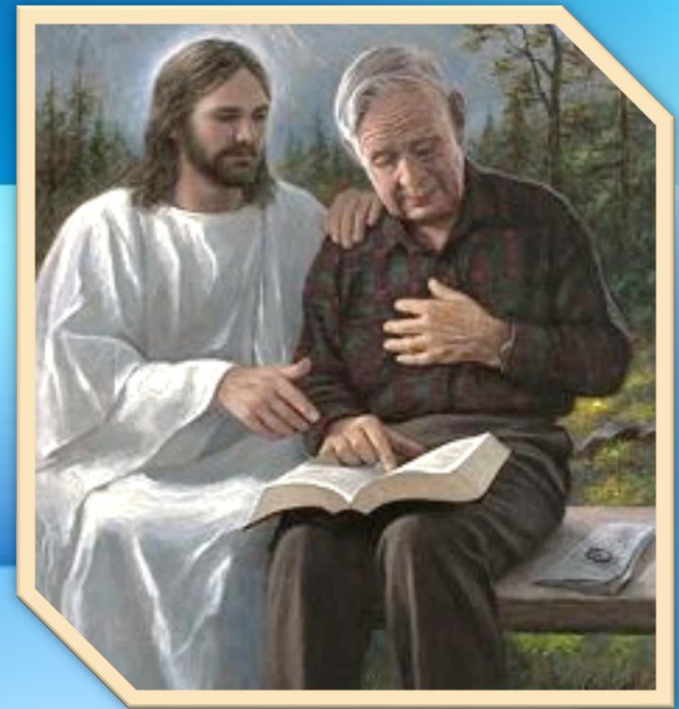
“O ta ũrĩa baba  
amwendete,  
ũgũo noguo  
ndĩmwendete;  
rĩu-rĩ, ikaragai  
o wendo-inĩ  
Wakwa”

(Johana 15:9, NKJV)

O ũmwe witũ nĩ akũrĩtie ũrata ũtiganĩte na Ngai. No ningĩ ithuothe nĩtũiguanagĩra ũndũ ũmwe: ndũgũ ĩno no (na yagĩrĩrwo) gũkũra.

Ikinya rĩa mbere twagĩrĩrwo gũkinyũkia nĩguo tũkũre nĩ kwĩmenya ũrĩa tũtariĩ ihinda-inĩ rĩrĩ.

Ngai nĩ atũheete ndũmĩrĩri ĩkuĩte maũndũ mothe makĩroho makoniĩ kanitha itĩna-inĩ rĩrĩ rĩa mũico wa ũtũũro. Rĩu nĩ igũrũ ritũ ene kwenjera nĩ gĩcunjĩ kĩrĩkũ kĩa ndũmĩrĩri ĩno gĩtũkoniĩ, na ũrĩa tũngĩkĩra hinya na tũrikĩrie ndũgũ iitũ na Ngai.



**Ndũmĩrĩri ya Ngai (Kũguũrĩrio 3:14-22):**



**Gũtarĩrĩra (vv. 14-17)**



**Kĩhonia (v. 18)**



**Moimĩrĩra (vv. 19-20)**



**Kũiganĩra (vv. 21-22)**



**Gũthũrima ũũma (Johana 15:1-11):**



**Mũthabibũ na hongwe**



**Ngogoyo**

# NDŪMĨRĨRI YA NGAI

(Kũguũrĩrio 3:14-22)

# GŪTARĪRĪRA

“Wee ugaga atĩrĩ, ‘Nĩ ndĩ gĩtonga, ngagĩa na indo nyingĩ, na ndirĩ kĩndũ njagĩte.’ No wee ndũũĩ atĩ ũrĩ mũnyamarĩki, na ũrĩ wa kũiguĩrwo tha, na ũrĩ mũthĩĩni, na ũrĩ mũtumumu, o na ũrĩ njaga.”  
(Kũguũrĩrio 3:17)

**Ndũmĩrĩri kũrĩ makanitha marĩa mũgwanja marũgamagĩrĩra mũtugo wa kanitha wa thĩ kuma mahinda ma atũmwo nginya ũmũthĩ ũyũ**

**(Kũg. 2-3). Akĩneana ndũmĩrĩri ya mũthenya wiitũ (Laodekea), Jĩsũ eyonanagia we mwene ta “we Ameni [we Ma], mũira mwĩhokeku na wa ma” (Kũg. 3:14).**



**Rĩrĩa twerora twonaga *Ma iitũu*: “Ndĩ mũtongu, na nĩ tũtongete, na tũtirabatara kĩndũ” (Kũg. 3:17a).**

**No Jĩsũ oonaga o *ma*, ũrĩa tũrĩ: “ũrĩ mũnyamarĩki, na ũrĩ wa kũiguĩrwo tha, na ũrĩ mũthĩĩni, na ũrĩ mũtumumu, o na ũrĩ njaga.” (Kũg. 3:17b).**

**Rĩu nĩ ihinda rĩa gwĩthuthuria ithuĩ ene. Nĩndĩramenya ũrĩa kũna nĩ ndĩ, na kĩrĩa ndĩrabatara ona rĩu? Ngũrĩte atĩa mũikaranĩrie-inĩ wakwa na Jĩsũ? Nĩndĩragarũrũka nĩguo njagĩrĩre?**



# KĨHOONIA

“Ngũgũtaara atĩ ũgũre thahabu ĩrĩa therie na mwaki kuuma kũrĩ nĩ, nĩgeetha ũtonge, na ningĩ ũgũre nguo cia rangi mwerũ cia kwĩhumba, nĩguo ũhumbĩre thoni cia njaga yaku, na ũgũre ndawa wĩhake maitho maku, nĩguo ũhote kuona.” (Kũguũrĩrio 3:18)

**Nĩgũkorwo kwĩigua tũiganĩire thĩiniĩ wa mũikarĩre witũ gũciaraga wagi kĩharĩro (ũraru), Jĩsũ aratũtaara twĩke maũndũ matatũ:**

## Gũra thahabu therie



**Tũtirahurũka na ma-nuthu kana kwĩruta Bibilia oũguo. Twagĩrĩrwo tũteanĩre morutani ma andũ (mĩgemio) na tũrikĩre wĩruti-inĩ wa Bibilia nĩguo tũrute gĩko (kĩrĩa kĩũru) kĩngĩgĩria tũgĩtaũkwo.**

## Gũra nguo cia rangi mwerũ



**Gwĩtikĩra ũthingu wa Jĩsũ' ta guo tu njĩra ya kwĩgwatĩra ũhonokio. Kũgeragia kwĩneana mbere ya Ngai na ciĩko ciitũ cia ũthingu tũkeyonania njaga mbere Yake.**

## Gũra ndawa ya maitho



**Amũkĩra Roho Mũtheru. No we tu ũngĩtũhe gũtaũkwo na gũtũhinyĩrĩria ta ũrĩa tũtariĩ (Johana 16:8).**

# MOIMIRIRA

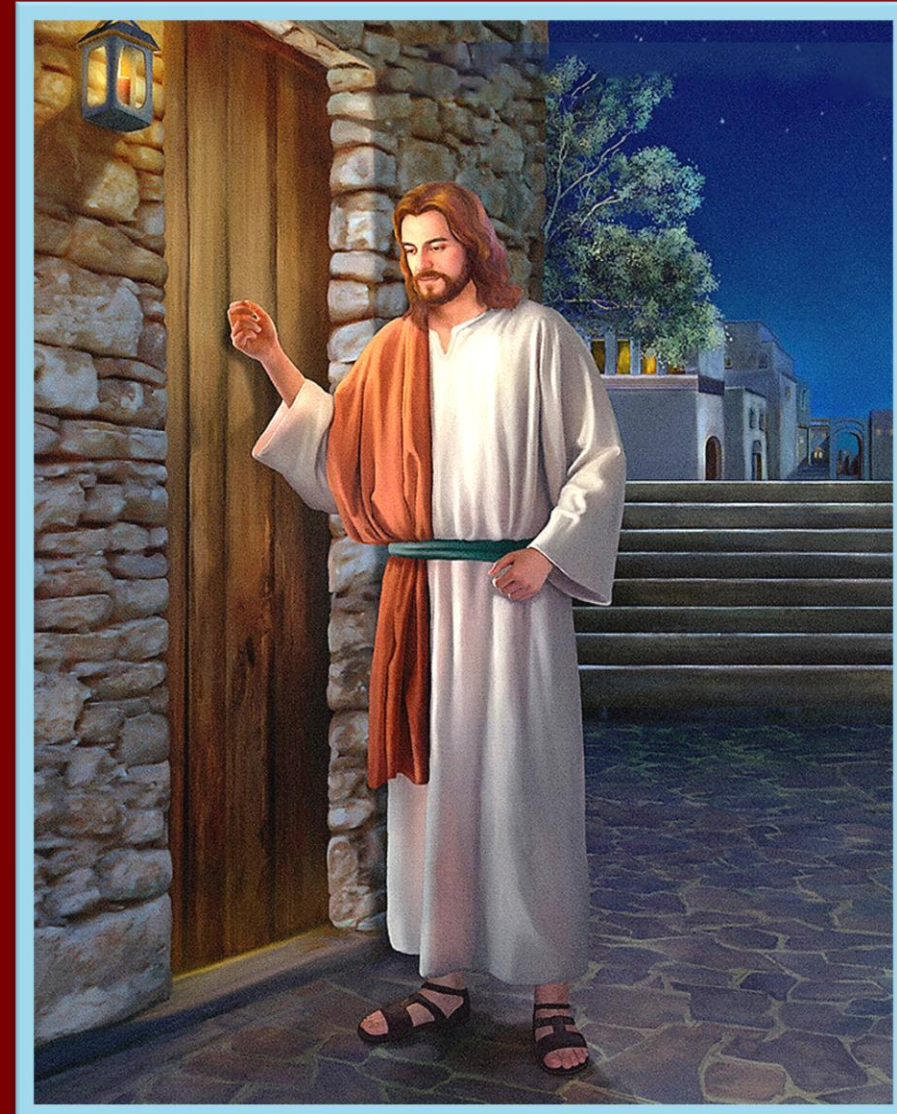
*“Atĩrĩrĩ, ndũgamĩte mũrango-inĩ ngĩũringaringa. Mũndũ o wothe angĩigua mũgambo wakwa, na ahingũre mũrango, nĩngũtoonya thĩinĩ ndĩianĩre irio nake, nake arĩianĩre na nĩ.” (Kũguũrĩrio 3:20)*

Nĩ harĩ na thĩna. Ndĩreigua wega kĩroho, no Jĩsũ endaga twagĩrĩre. No ningĩ, ingĩkorwo itekũmenya bata wa kũgarũrũka, ndikahota kũgarũrũka o rĩ. Ndikenda kũgũra kĩrĩa ndĩreciria nĩngoragwo ndĩ nakĩo.

Nĩguo athondekerere ũndũ ũyũ, Jĩsũ nĩ arĩ na njĩra ciake: “Arĩa nyendete nĩndĩmarũithagia na ngamaherithia. Nĩ ũndũ ũcio gĩa na kĩyo,.”;na akongerera: “Wĩrire” (Kũg. 3:19).

Gũkũũmwo kana kũherithio nĩ Jĩsũ wo arĩ ũregani. Endaga gacĩra ga kwaranĩria. Arenda gũikara thĩ tũhorerete Nake twaranĩrie.... “Atĩrĩrĩ, ndũgamĩte mũrango-inĩ ngĩũringaringa. Mũndũ o wothe angĩigua mũgambo wakwa, na ahingũre mũrango, nĩngũtoonya thĩinĩ ndĩianĩre irio nake, nake arĩianĩre na nĩ.” (Kũg. 3:20).

Jĩsũ aragũthagũtha mũrango wa ngoro yakwa na ageterera akirĩrĩrie. Ndaraingĩrĩra ũtũũro wakwa aningĩrĩrie kũgĩa ndũgũ Nake. Ituaa rĩa kũhingũra nĩ rĩakwa.



# KŪIGANĪRA

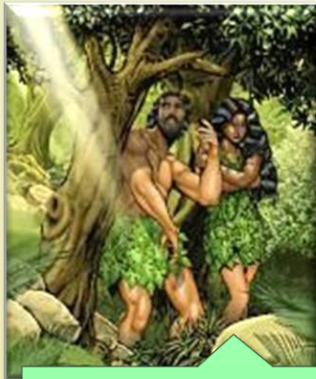
“Ūrĩa ũgaatoorania-rĩ, nĩngamwĩtĩkĩria aikare hamwe na nĩĩ gĩtĩ-inĩ gĩakwa kĩa ũnene, o ta ũrĩa nĩĩ ndatooranirie na ngĩikaranĩra hamwe na Baba gĩtĩ-inĩ gĩake kĩa ũnene.” (Kũguũrĩrio 3:21)

Jĩsũ nĩoĩ gacĩra ti kahũthũ. Nĩamenyaga kĩyo gitũ gĩa kũgũra thahabu, nguo, na ndawa ya maitho. Nĩ ooĩ kũgiginyana gwitũ tũhoote ũraru, kũhingũra mũrango, na kũnyitanĩra Nake. Nĩkĩo atwĩraga: no ũhotane, ota ũrĩa nĩĩ ndahotanire (Kũg. 3:21).

Ningĩ nĩ ooĩ atĩ tũtingĩkinyũkia ikinya rĩa mbere. Ngai akoretwo hĩndĩ ciothe akĩoya mũrigo ũcio.



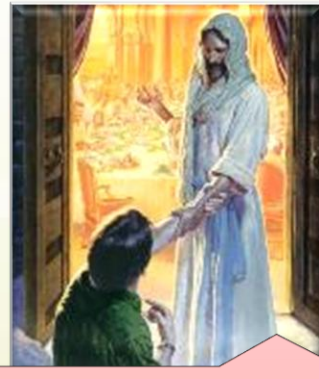
Eciririe  
gũtũmba  
(Kĩa. 2:7)



Atũcaragia  
rĩrĩa twehia  
(Kĩa. 3:8-9)



Eheanire  
We Mwene  
(Johana  
3:16)



Endaga gũtũhe  
kĩheeo: gũikara  
Nake, tũkenere  
gũtwarana Nake  
(Kũg. 3:21)

Bungũro cia mũtugo ũyũ wa ũngai (ũrĩa ũtatwagĩrĩire) nĩ wendo: ““Nĩĩ ngwendete na wendo wa tene na tene;” (Jeremia 31:3). Endaga kũgĩa ndũgũ naithuĩ. Nĩĩ nĩnyendaga ndũgũ Nake? Nĩngũhingũra ngoro yakwa kũrĩ We na ndĩmwende ũrĩa anyendete?



GŪTHŪRIMA  
ŪŪMA

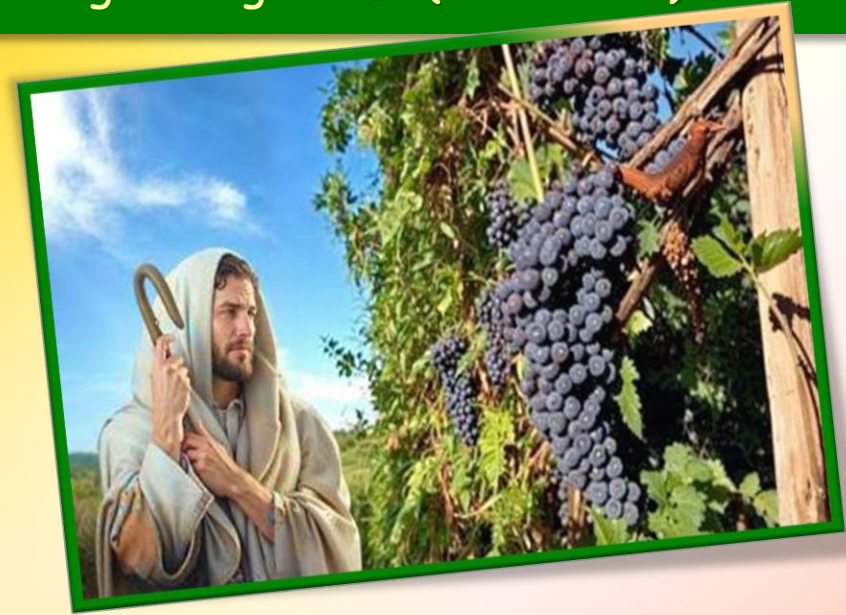
(Johana 15:1-11)

# MŪTHABIBŪ NA HONGE

*“Nĩ nĩ mũthabibũ, na inyuĩ mũrĩ honge. Mũndũ angĩikara thĩinĩ wakwa na nĩ njikare thĩinĩ wake, nĩarĩciaraga maciaro maingĩ; tondũ mũtarĩ hamwe na nĩ mũtirĩ ũndũ mũngĩhota gwĩka.” (Johana 15:5)*

**Kahinda kanini mbere ya gĩkuuũ Gĩake, Jĩsũ anĩrĩire atĩ we nĩ “mũthabibũ,” nao arutwo Ake nĩo “honge.” endaga kuuga atĩa?**

**Rũhonge rūtũũraga gwa kahinda kanini rũngĩaga gũkorwo rũnyitanĩte na mũthabibũ, na thutha-inĩ nĩ nĩ rũbuthaga. Nĩguo tũtikanage kũgaya muoyo wa tene tene, Jĩsũ atwĩraga: “Ikaragai thĩinĩ Wakwa” (Johana 15:4). Mũhari-inĩ wa 11 harĩa Jĩsũ atwĩraga ngerekano-inĩ ĩno ya mũthabibũ na honge, ahũthagĩra kiugo “ikaragai (thĩinĩ)” maita 10. nĩũndũ ũngĩkorwo wĩ wa bata kũna.**



**Gũikara thĩinĩ wa Jĩsũ nĩ ndawa kũrĩ ũraru wa a-Laodekia. Mũno makĩria, nĩ kĩhuumo gĩa gĩkeno (Johana 5:11). No tũngĩikara atĩa thĩinĩ wa Jĩsũ?**

**Tũgĩka ũrĩa ũmũkenagia, ta kuuga, tũngĩnyita mathani Make (Johana 15:10). Rĩrĩ nĩ rĩamũkĩria rĩa wendo rĩrĩa Ngai atuonetie (1 Johana 4:19).**



# NGOGOYO

“Ikaragai thĩinĩ wakwa na nĩ nĩndĩrĩĩkaraga thĩinĩ wanyu. Gũtirĩ rũhonge rũngĩciara maciaro rũrĩ rwiki; no nginya rũikare thĩinĩ wa mũthabibũ. O na inyuĩ mũtingĩciara maciaro mũtangĩkara thĩinĩ wakwa..” (Johana 15:4)



Hĩndĩ ya heho, honge cĩnyitagĩrĩra mũthabibũ-inĩ, no iticiaraga matunda. Nĩkĩ? Nĩ tondũ citiamũkagĩra ngogoyo.

No ihinda-inĩ rĩa mbũra rĩakinya ngogoyo ãyo ikoima mũthabibũ-inĩ, natũthangũ tũkaringũra (mũcacana) ũkoimĩra. Kiugo gĩa kĩ-Ngiriki kĩrĩa Johana ahũthĩrĩte no gĩtaũrĩke ta rũhonge rwahũrĩtwo na rũgacooka kũgwatĩrĩrio rĩngĩ mũthabibũ-inĩ.



Ona kana tũrĩ mĩcacana kana honge njahũũku, ũndũ ũmwe nĩ mũtherie: nĩ tũrabatara ngogoyo kuma mũthabibũ-inĩ. Nĩkĩ tũngĩhanania nakĩo ngogoyo ãno?

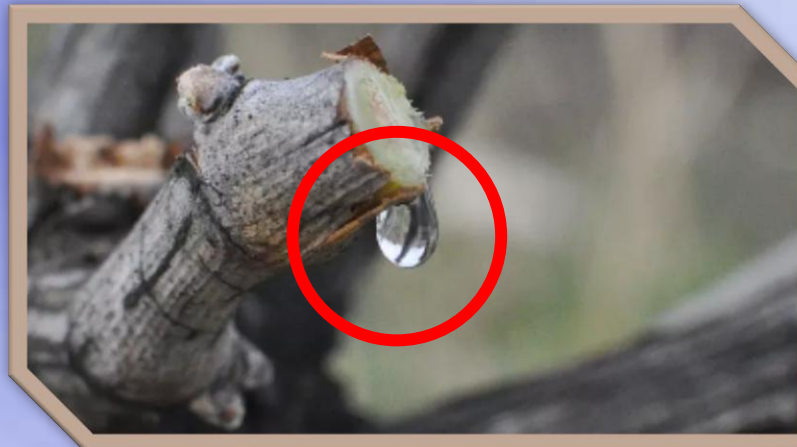
O mĩario-inĩ ãno (Johana 14-17), Jĩsũ agatũtarĩria : Roho Mũtheru nĩwe ũrutaga wĩra thĩinĩ witũ atũhe muoyo, tũngĩenda.

Nĩwe Mũtũmĩrĩria (Johana 14:16-17)

Atũguũragĩria Jĩsũ (Johana 15:26)

Atũmenyithagia tũrĩ ehia (Joh 16:8)

Atũtongoragia wega-inĩ (Joh 16:13)



“Thahabu ĩrĩa ĩrathĩrĩrwo haha ĩkoretwo ĩ ngerie thĩiniĩ wa mwaki nĩ wĩtĩkio na wendo. ĩtũmaga ngoro ĩtonge; nĩgũkorwo ĩtheretio nginya ĩgathera nyuua, na o ũrĩa kaingĩ ĩragerio noguo makĩria ĩkengaga riri-inĩ wayo. Nguo njerũ nĩ ũtheru wa mĩtugo, ũthingu wa Kristũ ũheetwo mwĩhia. Rĩrĩ kũna nĩ itonyo rĩa ngoora ya matũ-inĩ, rĩrĩa rĩngĩgũrwo tu ncĩ Kristũ nĩũndũ wa ũtũũro wendete wathĩki. Ndawa ya maitho nĩ ũũgĩ ũcio na ũtugi iria itũhotithagia gũkũũrana ũũru na wega, na kũmũrĩka wĩhia wĩ rungu rwa kwĩhitha o kũrĩkũ. Ngai nĩ aheete kanitha Wake maitho marĩa endaga gũitĩrĩriana ũũgĩ, nĩguo mahote kuona weega; no aingĩ no matũrĩkie maitho ma kanitha mangĩkorwo no mahote; nĩgũkorwo mendaga ciĩko ciao ciĩke ũtheri-inĩ nĩguo matigakanio. Ndawa theru ya maitho ĩheanaga gũtherio kwa ũtaũku. Kristũ nĩwe ikũmbĩ rĩa weega/ ũtugi woothe. Aroiga: “Gũrai harĩ Niiĩ” (Kũguũrĩrio 3:18).”guo mahote kuona wega