

# ZATTHEIH THUNGETNA

May 16, 2026 ading Lesson 7

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“Banghang hiam  
cihleh nangmah in  
sihna panin ka  
hihna nong hon  
khia a, Ka khitui  
hong nulsakin, ka  
khetete na kipal  
khasak kei hi.”

(Late 62:8, zsv)

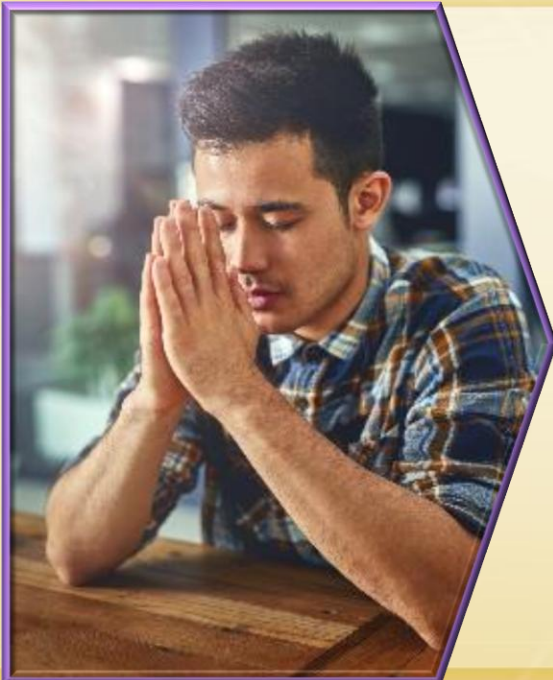
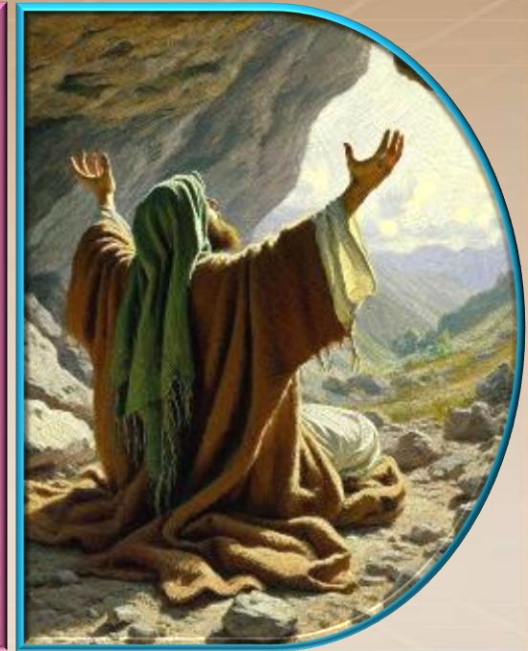
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Paul in i leitung kisia-in, hun tampi a bei khit hangin i thungetna dawnna i mu kei zongin, "thungen den" (Eph. 6:18) dingin eite hong hanthawn hi.

Hih bang dinmun lakah, Elijah le Hannah-te' thungetnate in i-etteh dingin, tha ngahsak ding hi.

Ahah hangin bangci thungen ding i hi hiam? Bang thute ngen ding i hi hiam? I guak in thungen ding i hi hiam, ahah keileh mi dangte tawh thungen khawm ding i hi hiam? Thungetna in Pasion tungah thu i genna bek ahah hiam, ahah keileh ama aw i ngaihna zong ahah hiam?



**Haksat hun ah thungetnate:**



**Elijah:** Haksatna lakah thungetna



**Hannah:** Hong tung ngeilo ding dawnna



**Etteh ding thungetnate:**



**Zeisu:** Thungetna a thu



**Daniel:** Thungetna kigualhdan



**Thungetna tawh kisai dotna li**



HAKSAT HUN AH  
THUNGETNATE

# ELIJAH: HAKSATNA LAKAH THUNGETNA

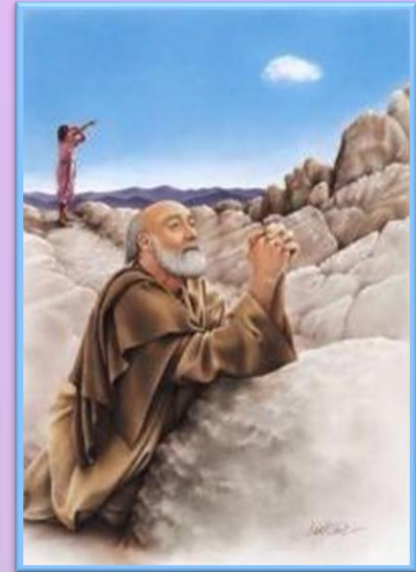
Amah in, "Vanglian Pasion, Topa-a' dingin ka huaiham mahmah hi; banghang hiam cihleh Israel mite in na thuciamna nusia-in, na biakna taute lawnkhia uh a, namsau tawh na kamsangte that hi; kei, kei bekbek ka omlai hi. Amaute in kei nangawn thah dingin hong zong lai uh hi," a ci hi. (1 Kumpi 19:10)



**Pasion in haksatna lakah i thumnate bangci dawng hiam?**

**Elija thungetna olno khit ciangin, Pasion in meitawh thakhatin dawng pah hi (1 Kumpi 18:36-38).**

**Guah zuk nading thungetna sagih khit ciangin, Pasion in meilom neu khat khia a, tua in huihpi hat mahmah khat-ah hong kikhel hi (1 Kumpi 18:42-45).**



**Elijah in sih ding a nget ciangin Pasion in daitak in a om hangin, a vatungmi sawl in an vak hi (1 Kum 19:4-8).**

**Leihawm khatah lungkia-in a om laitakin, Elijah in a thu ngetna Pasion in a dawnna aw a za hi (1 Kum19:9-18).**

**Dawnna khat pen thakhat in le lamdang mahmah hi. Adang khat in, thungetna hun sagih khit ciangin, a nget guah hong pia hi. A tawpna ah, ni 40 khit ciangin, tha piakna dawnna khat hong om hi. Pasion in i din mun khat ciat ah bangci le bang hun-in dawnna pia ding cih thei hi.**



# HANNAH: HONGTUNG NGEILO DING DAWNNA

*"Hih naupang ka ngen hi. Topa in ama tungah keima ngetna hong pia hi." (1 Samuel 1:27)*

Hannah in ta a ngah nading thungetna pen Pasion in thungetna a dawn pahna bangin kilang hi (kha kua sung lungdam taka a ngak khitciangin) (1 Sam. 1:9-20).



Ahizongin, a masa munte i sim ciangin, hih dawnna a tun nadingin hun sawtpi a ngakna i mu thei hi (1 Sam. 1:1-8).

Elkanah zi dang Peninnah in "tate"—tapa khat sang in tamzaw—nei a, "kum simin" Pasion in Hannah ta a piakloh manin Peninnah in amah a hehsuak sak hi.

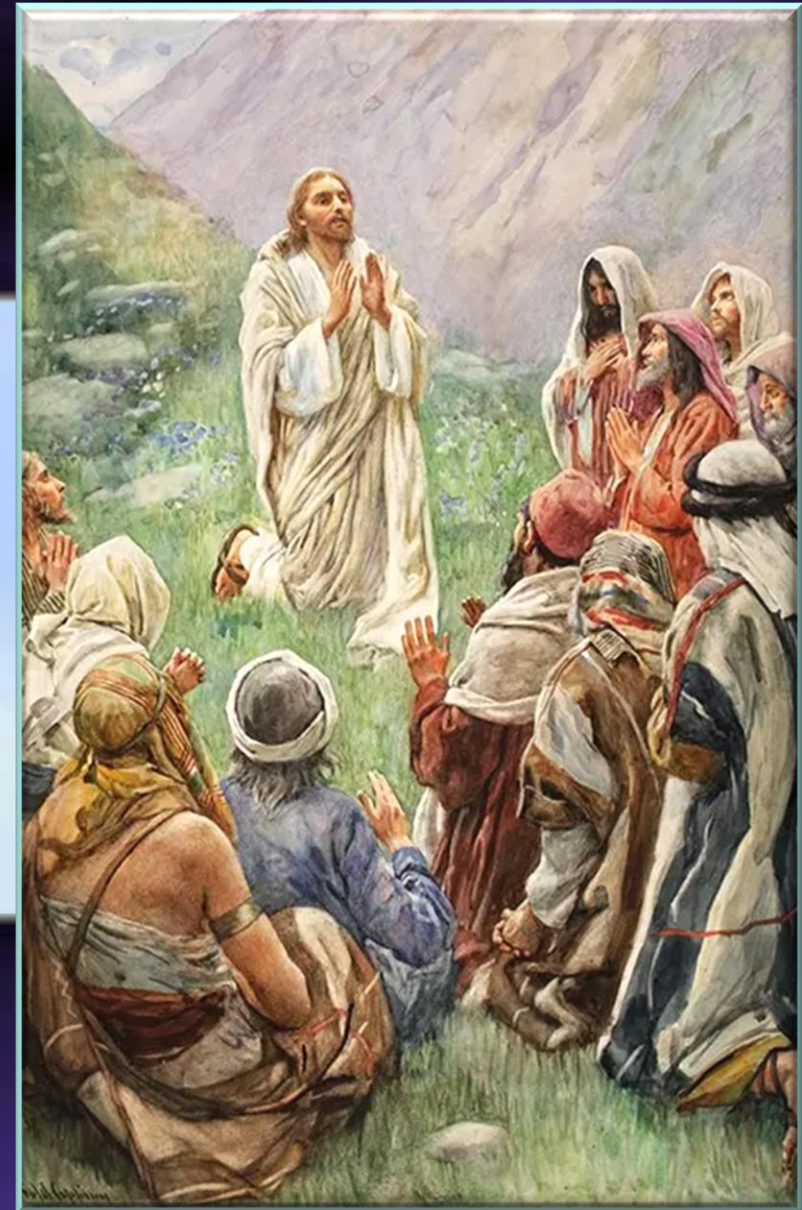
Hih lampan en le hang, Ana in dawnna ngah lo-in ta ngen-in kum bangzah sawt hiam?

Khatveivei ciangin, Pasion' daihna pen i angkhualna (James 4:3); i kep i mawhna (Late 66:18); upna kicinlohna (James 1:6); ahih keileh, a hun tung lian nailo hih hang hi thei hi.

Bang bang hi leh, Pasion in a vekpi in mu a, eite ading a hoih pen thei hi (Jeremiah 29:11). Upna tawh thungetna pen, Ama hun le Ama lampi tawnin Aman dawng den ding hi (1 John 5:14-15).



ETTEHDING  
THUNGETNATE



# ZEISU: THUNGETNA A THU

“Tua ahih manin thu na nget uh ciangin hih bangin na ngen un: Vantunga om kote' Pa aw, na min siangtho kizahtak hen” (Matthew 6:9)



A ngai mite lungsim zo ding le phatna ngah nadingin thungetna saupi le thugen siamna tawh thungetna pen Zeisu'n thunget dan a hong sinsak ahi kei hi. (Mt. 6:5-8).

I thungetnate pen lungsim takpi tawh le ol takin, i kampauna ngeina tawh hi ding hi. Thunget na pen i nuntakna ah a kism mahmah khat ahi hi.



“Thungen tom ding kisin inla, na kisapna teng bek ngen-in a thupi teng bek gen in. Pasion bek in hong zakna mun ah aw suah-in thunget sin in. Phuahthawm thungetnate zang kei in, nuntakna moh a gilkiak kha in lungsim takpi le thungetna taktak tawh ngen zaw in.” (E.G.W. “Our high Calling”, May 4)





# ZEISU: THUNGETNA ATHU



Hih pen Zeisu in eite' kiangah hong piak thunget dan hi:

**“Vantung a om kote Pa aw”**

**Mihing khempeuh in Pa tawh eimah mimal kizopna i phawk ding ksam hi**

**“Na min siangtho kizahtak hen”**

**Pasian' siangthona i phawkna in zahtakna leh upna tawh amah kiangah i nai semsemna hong pia hi**

**“Na kumpigam hong piang taken”**

**Zeisu hong paikikna lunggulh ni**

**“Vantung ah na deihna a kicin bangin, lei tungah zong kicing taken”**

**Pasian' thuneihna i sang ni a, i nuntakna sung le leitung ah Pasion' deihna piang hen ci-in i ngen ni**

**“Tuni a ka nek ding uh an hongpia in”**

**I nuntakna dinga i kisapna pumpi lam le kha lam ading ngen ni**

**“Ko tunga hong khialte ka maisak uh bangin, kote khialhna hong maisak ta in”**

**I kisik ding, maisakna i nget ding, le Pasion in i tungah a hong maisak mah bangin i tungah a khialte zong i maisak ding kism hi**

**“Ze-etna sungah hong lutsak kei inla, Gilopa kiangpan hong honkhia in”**

**Hih leitung a om gitlohna panin bitna le bukna ngen ni**

**“Ukzawhna, Vangliatna le Minthanna, Nang aa ahi tawntung hi. Amen”**

**I hihna, i neih khempeuh, le i bawl khempeuh Pasion' a ahihna i phawk ding hi. Amah kia in minthanna le phatna ngah ding a kilawm ahi hi.**

# DANIEL: THUNGETNA KIGUALHDAN

"An ngawlin, puanhampi silhin, vut lakah tu-in, Topa' kiangh deih takin thu ka ngen hi"  
(Daniel 9:3)

Daniel 9:4-19 sungah kigelh thungetna in thungetna a bulpi thupi li-te i muhthei dingin hong lak hi:

Phatna (Dan. 9:4)

Ngetnate  
(Dan. 9:16-19)

Kisikna le  
maisakna  
(Dan. 9:5-15)

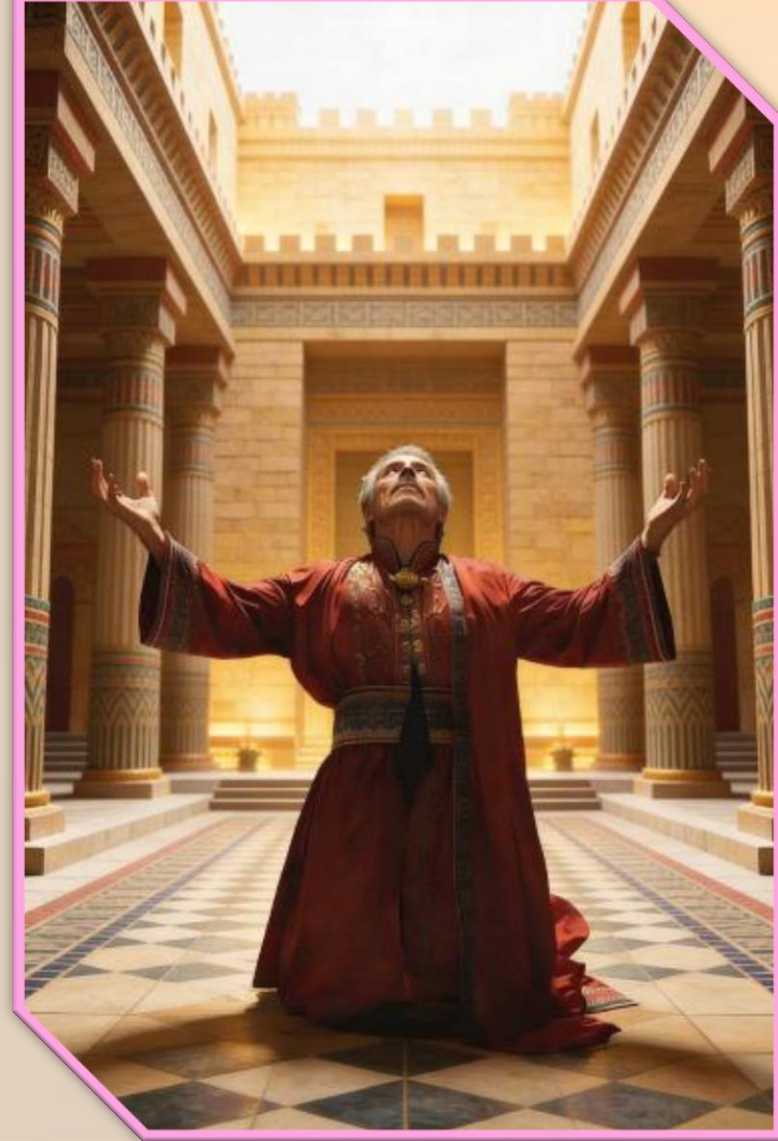
Lungdamkohna  
(Phil. 4:6)



Daniel in a thungetna (lungdam kohna) a man ma-in Gabriel in a nawngkaisak hi.

Hih bang dan pen mimal thungetna le mipi thungetna nih gel ah kizui hi. Ciantakin, "mawhna kisikna le maisakna" pen thungetna dinmun tawh kituak in kilem sak hi.

Hih bang kalsuanzia in i thungetna Pasion tungah i tunsak theih nadingin hong panpih a, Pasion' van-inn pan vanlei ding kigelhna bang a i thungetna a suah loh nadingin hong dal hi.





**THUNGETNA TAWH  
KISAI DOTNA LI**

## Pasian in na khempeuh theikhin hileh thunget kul hiam?

Thungetna in Pasian' tokhom ah eite hong lamsang a, ni simin eimah le eimah kivel ding le Ama tawh i kizopna ngaihsut thak ding hong phul hi. Bang gen ding cih i theih loh hangin, Kha Siangtho in hong huh hi (Rom. 8:26).



## Na khempeuh ahoih laitakin banghang thunget kul hiam?

Mawh lo vantungmite in Pasian a tawntung bia uh hi. A diakin bangzah in i biak ding a kilawm zaw tam? I nuntakna khempeuh a hoih hangin Pasian i kisapna phawk lo-a i ngaihsutna pen kiphatsakna ahi hi.



## Kua tawh thungen ding kahi hiam?

Ahun zui-in:

1. Khatguak om hunin. Tua hun pen i thungetna kithuahna thuk pen hun ahi hi.
2. Innkuante tawh ahih kei leh pawl neutu in.
3. Biakinn sungah.



## Bangci-in ka ngai ding hiam?

Hih bangin i bawl nading in a siangthou le a bitna pen lampi in, i mimal biakpiakna sungah thungetna le Lai Siangtho simna kop ding ahi a, i ngaihsutnate awngsak lo-in eima aw bek i ngaihna pan i kipelh ding ahi hi.



**“I kisapnate thuk takin theihna le i nget khempeuh adingin lunggulhna lian pi in, i thungetnate a lim langsak ding hi, tua hikeileh tua pen hong dawng lo ding hi. Ahih hangin a dawnna i ngah pah loh hangin i lungkia-in i thungetnate i tawpsan ding hilo hi.” Vantung gam in hiamtatna thuak a, a hiamtatte in thagum tawh la uh hi” (Matthew 11:12). Hih lai-a thagum kici pen Jacob in a lak bangin siangtho tak-a hanciamna ahi. I lungsim phawng ding hanciam kul lo hi, ahih hangin lungduai takleh kiphawk gige-in hehpihna tokhom ah i ngetnate i thum ding ahi hi. I nasep ding pen Pasion mai-ah i nuntakna niamkhiat-in, i mawhnate sungkhia-in, upna tawh Pasion kiang naih ding ahi hi.”**