

2025 • QUARTER 3 • SOUTHERN AFRICA-INDIA OCEAN DIVISION



# khangno & khangham nasepna



# Lungnopna Taktak Zong



ZIMBABWE | July 5

Denroy

Denroy in kum 10 a cingkhit ciangin zu dawn thei khin hi. Zimbabwe gam Bulawayo khua ah teeng hi. A pa'no khat in a suahni kum 35 cin bawl uh a, a lawmte khat tawh vhawh uh hi.

Naupang khat in "Hih bangin kham theih zu ka dawn ngei kei ding hi" a ci hi.

Banghangin midangte in kham theih zu dawn uhhi ding hiam, ci-in ngaihsun hi. Ken zong bang hangin dawn loding ka hiam ci-in a ngaihsun zelzel hi.

Kham theih zu adawn mite in a dawn lote sangin nuamsa uh hi, ci-in ngaihsun hi. Tuabang hi mah taleh midangte bang mahin kham theih zu dawn dingin a khensat hi. Tawl khat khit ciangin Denroy in lawm khat nei a, hih a lawm in kum 10 cing khin deuh pan hi. A lawm in huhna khat ngen hi. "Na inn sungah kham theih zuna koih na" a dong hi. "Pawl khat dawn lecin kua

ma in hongthei lo ding hi," ci-in a hanthawn hi. Privilege' pate in bang mah theilo takpi hi.

A lawmlawmta-un beer gu'sim zel uh a, a nihun dawn khawm zel uh hi. Denroy in, zu a dawn ciangin lungnopna khat nei ing, ci-in a lawmte tung a gen thei zel hi.

Denroy in ahihleh a nulepathei sak nuam lo hi. A lawm Privilege tawh zu adawn uh ciang in a lawm pa inn ah giak suak hi. A zu' kham a ven' khitciang bekin a inn ah ciah ngampan hi. Tua bangin zan tampi sawm' giakin om den hi.

Khuakhal khit ciangin sang kihon kik ciangin Denroy nulepa in SDA pawl sangah sang kah dingin sawl uh hi. Denroy in amah sang'in a u' hamzaw a sanggamte khat zong SDA sang kah in om a, SDA pawl sang in sang hoih khat hi ding hi, ci-in a ngaihsun thei pah hi. Tua bangin sang a kah hangin Denroy in sangsiate deihlo hi.

Sangkah ciang lai sinma-insia te in thungetna neihpih masa uhhi. An nek ding ciangin zong thunget na nei uh hi. Denroy in cikmahin

thungen ngeilo hi. Sanginn sungah biakpiakna nei khawm den uh hi.

Denroy in bang hangin mite in hih bangin thungen in biakpiakna neiu hiding hiam, ci-in lamdang sa hi. Suakta kisalo hi. Kumpi sangte-ah sangnaupangte in amau ut bangin gamta thei uh a, hih pawl sangah thukhun tamsa lua-in nopsa lo hi. Denroy in a sangkahna mun nuam salo semsem hi. Zu dawn nuam zel hi. A sangkahna zom toto thei sam a, Zeisu thu a kihilte za mun mahmah in tu-in Zeisu thu tampi neihna hong ngah theita hi. Hih bangin pawl sang hong tun cil in Zeisu thu bangmah theilo himah taleh sang kongkhakma-in Zeisu thu tampi theihna hong neito thei hi. “Zesi in kua hi ding hiam? ci-in a lungngai hi. Koi bangin Zeisu tawh vantung kah khawmthei ding ka hiam? ci-in ngaihsun sun hi.

Zingsang biakpiak hunciangin Denroy in Pasian phatnala kisate a za hi. Zeisu thu za semsemin lung nopna khat a nei semsem hi. Lai Siangtho sunga Zeisu kammalte “Note in nuntakna bucing na neih nadingun Keimah mah kongpai hi” cih thute in lungnop khamuanna a ngahsak hi. “Keimah in Lampi ka hi hi; Nuntakna kahi hi; Thuman ka hi hi” (John 10:10; 14:6).

Zeisu in kham theih zu dawn ding phal lo hi, cih thu Denroy in a tel semsem ta hi. Zeisu in lungnopna phungpi hi, cih thu zong a pom thei hi. A nunzia khempeuh hong kikhel hi. Zu dawn nawn lo-in a om thei hi. A lawmpa Privilege tawh zong kikhawl nawn lo hi. Sang tuah khit ciangin a lawmte tawh kikhawl nuam nawn lo hi; bang hang hiam cihleh tua bangin lawm le gual tawh kituah ciangin kham thei zu tuamtuan dawn zel uh hi. Tua hi-in sang tuah ciangin zong lai bawl dingte bawl (home work) in a hun zang zaw ta hi. Inn sung inn pua nasepte ahuh zaw hi.

Denroy in a lungsimkhempeuh Zeisu ap khin a, tui kiphum ding a khensat thei hi.

Tu-in Denroy in kum 16 bek cing khin a, Zeisu sungah nuntakna nei-in nidang bang nawn lo-in lungnop khamuanna tawh a nungta thei khangno khat hong suak hi. Hun khat lai-in “Lawm le gualte tawh kham theih zu dawninnopna ka zong hi. Ahi zongin nopna taktakin Zeisu sung bekah om hi, cih ka mu hi.

Tu quarter Sabbath 13 na sumpi in Denroy sang kahna Zimbabwe gam ah Zeisu thu a sin naupangte hunna dingin kipuak ding hi.



# AHeh mahmah Pa

ZIMBABWE | July 12

Tanya

**Z**imbabwe gam, Bulawayo ah Tanya lupna khan sungah a kituiphumna letmat a muh ciang in a pa nak heh mahmah hi.

A Lai Siangtho bu sungah a koih hi-in, a pa in a vanteng a pheh kawikawi-na panin tua bangin tuiphumna laidal mu kha hi. A pa in “Kong sat ding hi” ci-in a pulaak hi. A pa heh lua mahmah ahih man in tua tuiphumna laidal a balnen gawp hi.

Tua laitakin Tanay in kum 17 cingkhin hi. Apa in tua bangin tuiphumna laidal a balkek gawp amuh ciangin Tanay a khitui luang hi. “Kikhawm ka pai nawn kei ding hi” ci-in a pulaak hi. Tua bangin akap laitakin a nu hong pai hi. A nu in Tanay kiangah “Pai vo, kikhawm ni,” ci-in hong zawn hi.

A pa in Tanya sat nuam den hi. Ahi zongin sat samlo hi. Heh lua mahmah ahih manin a pa in inn sung pan a pusuak khia hi. Inn hong ciah nawn loh ni 2 bang val

khin hi. Tawl khat khit ciangin inn hong ciahkik a, bangmah paulo hi. Tanya in lamdangsa-in acih nading thei tuanlo hi. “Hong sat kha tam maw, ci—in patau tawntung den hi.

Tanya in Sabbath ni hong tun sialin biakinn ah kikhawm dingin hong pai khia hi. Amah pen a pi tawh a khangkhia khat hi; a pi zong SDA upna sungah a kip mahmah pi teek khat hi. A sawt nailo hun khat sungin a pi in a sihsan hi.

Tanya in a nulepa tawh om ding in hong ciah hi. A pa in SDA upna deihlo hi. A nu in ahihleh SDA upna sung panin a khangkhia khat ahih manin SDA upna tawh a tanu a pantah hi. A pa heh lua mahmah ahih manin Tanya in Sabbath ni kikhawm lo phot in tawl khat sung inn ah a om lel hi.

A pa in SDA biakinn simloh biakinn dangte ah kikhawm thei hiteh ci- in a pulaak hi. Bang hangin SDA biakinn ah kikhawm lo ding cih thu a pulaak tuan kei hi. Ahi zongin Tanya in SDA biakinn ah kikhop nuamsa mahmah hi. Sabbath ni biakinn ah kikhawmlo-in a om ding peuhmah a ngaihsun

thei vet kei hi. A pa in ahihleh kimawlna lamah siamna nei khat ahih bangmahin kimawlin tua bangin khualzin kawikawi hi.

A Pa a omloh ciangin Tanya in Sabbath ni te ah biakinn ah va kikhawm thei hi. A Pa hong tun kik ciangin amah zong kikhawmlo-in tua bangin inn ah om lel hi. A nu in biakinnah kikhawm dingin pai nuam hi.

Kikhop ding lah lunggulh mah mah ahih manin Topa tungah thungen hi. “Topa aw, biakinn ah kikhop theih nading hun hoih hong pia in” ci-in thu ngen dem hi.

Sabbath ni zingsang khat, Tanya in a ihmutna pan khanglo- in “Tuni biakinn ah kikhawm dingka pai thei diam maw,” ci-in a lung ngaingai hi. A kikhop theih nading Topa tungah thungetna zong nei-a thunget man khit ciangin a nu a lupna khan inn sungah hong lut hi. A nu in “Pai inla, na pa tungah ka nu tawh biakinn ah kikhawm ding in pai nuam ung, ci-in va gen in” ci-in a nu in a sawlna zui-in, Tanya zong a pa kiangah vapai pah hi. A nu sawl bangin Tanya zong a pa kiangah vapai- in, a nu tawh kikhawm ding ahihna thu a va gen ciangin, a pa in bangmah dawngkik nawn lo hi; “Aw, va pai ve vua’ ci-

ziau hi. Hih bangin a pa in a dawn kik amuh ciangin lamdangsa mah mah hi. Tua Sabbath ni a nu tawh nuam takin biakinnah kikhawm dingin vapai thei uh hi.

Tanya in biakinn ah kikhawm dingin hong pai thei ahih manin midangte sangin zong nuam zaw mahmah hi. Ahi zongin bangmah khaamna nei nawn lo hi. Tu-in Tanya in Topa tungah thungetna thak khat nei kik hi. Tua a thunget thak in a innkuwan un biakinn ah kikhawmin a pai theih nading uh ahi hi. “Topa aw, hong huh in., Ka pa lungsim hong khelsak in. Tua hileh ka innkuwanun ka kikhawm thei ding uh hi,” ci-in a lunggulhna thu a pulaak hi.

Amasa lam a a thungetna Topa in a dawn bangmahin hih a thunget nihna zong Topa in hong dawng ding hi, cih upna le lametna lianpi tawh thungen ngen hi. Tanya in Lai Siangtho sim zong nuamsa mahmah hi. Zimbabwe gamah naupang, khangno tampite in Pasian thu theihna nei lo uh hi. Lai Siangtho bu nei lo innkuwan zong tampi om hi.

Tu quarter Sabbath School 13na sumpi in Zimbabwe gam ah kipuak ding a, a diakdiakin khangno kipan tah nadingin kizeek ding hi.

# Pilvang Takin Khensatna



ZIMBABWE | July 19

## Genius

Genius in kum 14 a phaklai-in khensatna hoihlo khat a nei kha ngei hi. Amah pen Zimbabwe gam Bulawayo khua-ah a teen khangno khat hi-a, zatep tawh a hun a beisak den khangno khat hi.

A taktakin zatep dingin geelna nei hetlo hi. Khat vei tak ciangin a pa note khat kiangah va hawh a, hih a pa note in mopawi bawl dingin buai mahmah uh hi. Tua leh nupi khat in Genius kiangah mopawi bawlna-ah laam dingin va zawn hi. A dang pasal nga tawh laam khawm dingin geel uh hi.

Genius in tua laamna sungah kihelin nuamsa mahmah bilbel hi. Tua khangnodangte in koi bangin laam dingcihte a hilh uh hi. Tua bangin a laam kisinsinin om uh a, a khawl uh hunkhat ciangin a lawmte khatin zatep in ci-in zatep ding a pia hi.

Teep nuam kei taleh a lawmten sawl veve a, a lawmte a kihtakna tawh a zeep kipan hi. Kuamah in en

lo ahih manin zatep hi. Tua bangin zateep in a om ciangin a gawl ah a noplohma khat a om hi. A tuap sung ah meikhu dim gawp ahih manin nopsak lohna tampi a thuak hi. Kha nih val bang tua bangin laam kisinsin uh a, laam sinpihte in zateep sakna hangin natna khat khit khat nei toto hi. Amasa-in zateep kisinsak khit ciangin kaanza tep kisin sak leuleu uh hi.

Genius in Seventh-day Adventist innkuhan panin a khangkhia hilo hi. Ahi zongin SDA sangah sang kah hi. Ni khat tua bangin a sangkahna-ah kanzaa a tep kik leuleu hi. A lawmpa khat tawh tua bangin kanzaa teep a, nuamsa mahmah uh hi. Dailen buk sung khawngah a teep zel thei uh hi. Tua bangin a teep khit uh ciangin a sangkhaan sungah va lut kik zel uh hi. A kanzaa a zak ciangin Genius in tha khat thu-in siapipa khaan sungah va lut kik pah hi. Siapipa in “Kua tawh zateep na hiam? ci-in a dongpah hi. Geniusin lau-na tawh hong kidim hi.

Siapipa tungah a lawmpa min a pulaak khia ta hi. Siapa in vau hilh na nei pah hi. “Hih bangin na teep

lai uhleh sang pan hong kihawlkhia ding hi,” ci-in avauhilhpah hi. A lawmpa in a nung ciangin a zateep khawl thei tuan lo ahih manin sang panin hawlkhiat a thuak hi. Genius in a siapa tungah ‘Cikmahin za ka teep nawn peuh mah kei ding hi, ci-in kamciam a pia hi. Sang sung ahi-a, sang pua lam ahi zongin a kimuhna peuhpeuh ah kiman ding a, kihawlkhia ding hi, cih a pulaak phapha hi.

Genius in tua bangin zatepin kham theih guih theih tawh kidiahia oom a nu in amuh ciangin a lungkia mahmeh hi. Genius in laam sin khin a, tua bangin a kisapna munmunah laam dingin laam tawh sum tha lawh thei dinmun tung hi. Tua bangin laamna tawh sum zong ding cih thu a nu in piangsa mahmeh lo-in phal kei hi.

Genius in tua banginkhua tuam tuamah zin kawikawi-in laamna tawh sum thalawh theihna ngah thei ta ahih manin ainnkuanpihte tawh kimuh loh hong sawt toto hi. Tua bek tham lo-in kaanza teepin guih theih kham theih tawh kidiahin omsawnsawn hi.

Genius in nisiminbel zateep lo hi. Teep nopalungsim bel nei veve hi. A sangkahlai-in tua bangi hamsatna khat peuh i tuah ciangin thungen ding ci-in a kihilh thute a nungphawk sansan hi. Pasian in tua

bang mawhna a maisak nadingin zong mawh thuumna zong a nei hi. Tua hun laitakin kanzaa teep khawl ding zong thu a ngen tawntung hi.

Pasian in lamdang takin nasem a, zatep le kanzaa tepna panin a khawl thei hi. Genius in zong lamdangsa hi. Pasian thu theih beh nopalungsim lian semsem a, Lai Siangtho sim akipan hi. Tua hi-in Genius in a nuntak nadingin a thupi khensatna khat nei dingin a ngaih sun hi.

Zatepna pan a khawl khit zawh kum khat khit ciangin Zeisu tungah a nuntakna kipia-in, tui kiphum dingin a khensat hi. Tu-in kum 16a pha Genius in Lai Siangtho simin thungen lo-in bangmah sem lo hi. A nuntakna buppi Topa tungah a kipia khangno khat hong suak hi. Pasian tawh hun zatkhopna in manpha mahmeh hi, ci-in a pulaak thei hi.

Genius in Lai Siangtho bu nei khangno khat hi. A lawm agual mi tampi in tua bangin Lai Slangtho bu nei lo uh hi. Zimbabwe gamah Lai Siangtho bu neih zawh ding hamsa mahmeh hi. Tu quarter Sabbath 13na sumpi pawl khat in Zimbabwe le Southern Africa-Indian Ocean Division sunga mun tuamtuan a Lai Siangtho bu kisam te hun nadingin kizang ding h

# Guahzuk Nadingin Kap



ZIMBABWE | July 26

Sibongile

**G**uah zuh loh kha tampi pai khin hi. African gam keu mahmah khin hi. Lo khote in guah zuk dingngak lah mahmah khin uh hi. Vaimiin tuh ding, mehthuk ciengding, lo thang a kipan khai' ci tuamtuam tuh dingin guah tui ngakin om uh hi.

Solusi Adventist High School ahSibongile in sang kahin om hi. Amah pen kum 22 cing khinhi. Sangnaupang tampite in asangsap ding uh khaici ngahna tungah kinga uh hi. Khaigah lakding om ciangin sangsum piak ding a nei thei bek uh ahi hi. Tu-inguahzuk loh kha tampi cing khina, khai kipawi thei keileh an lakding om lo ding hi. Tua hileh sangsap kisam veve hi ding uh hi.

Sangah zong nek ding bang mahom nawnlo hi. Sangnaupang te a kipan nulepa tampi in lung himawh mahmah uh hi.

Sibongile in zong bang ci ding cih thei lo ahih manin lungmang mahmah hi. Lozang mun khatah tui khui khat to uh a, tua panin tui tawmtawm kikhai thei bilbel hi.

Zingsang sialin Sibongile le a lawmte in tui tawi-in ankunte tui a buak thei uh hi. Suun ciangin nai khat sung bang tui tawi uh a, ankunte tui a pia thei uh hi.

Tua bang mahin nitak lam ciangin zong nai khat sung bang ankunte tui a buak uh hi. Ankung te bek tukipia thei banah an huan na, kuang sawpna, kisilna, puan sawp nading tui tawi thei uh hi. Tui lo-in kinunga zo lo hi. Tui lo-in nuntakna hamsa mahmah hi. Tui lo-in bangmah nungta thei lo hi.

Tui hamsatna hangin sang zong kikhak ding dinmun tung phial taleh tu-in tua tuikhuk panin tui tawi theita uh ahih manin sangkhak buang lo uh hi. Kaal laizang thunget kikhop ciangin zong guahzuk ding thu a ngen khawm ciat uh hi.

Tua bang mahin Kiginni, Sabbath ni sialin zong guahzuk ding thu a ngen khawm uh hi. Sibongile in thungen hi. Biakinn ah pawlpi mite bek tham lo-in sanginn ah zong sangnaupangte le siate in zong guah zuk nading thu a ngen ciat uh hi. Tua bangin a lawmlawmin kikhen uh a, thu a ngen khawm thei uh hi.

“Topa aw, nang adingin a hamsa khat beekbeek a om kei hi. Guah hong zusak in,” ci-in thu a ngen uh hi. Sangnaupang khat in “Vantungmi thumte thupuak mun khempeuhah kipuka ding kisam hi” ci-in thungen a, a dang sang naupang khat in “Tui lo-in bang mah nungtalo ahih manin tui, guah ka kisam uh hi” ci-inthungen hi.

Sangnaupangte akipan pawlpi mite in antangin thungen khawm uh hi. Tua banginni khat tawntung anngawl a thungen a om bangin nitak an bek ne in thungen zong om uh hi.

Africa gamah Vantungmi thumte thupuak a hong tunna thute zong a phawk uh hi. 1894 kumin Adventist thupuak hong tung hi. Topa Pasian in Solusi thupha pia-in 1994 kum a Sabbath 13 na Sumpi kipuka ngei khina, pawlpi nasepna tampi a huh theihi.



Sibongile in Topa ompihna a phawk hi. A upna khang semsem hi. Hih hun Guahzu lo ahih manin nuntak hamsa mahmah hi. Sibongile in Pasian in thungetnate hong dawng hi. Tui hamsa mah mah ahih ciangin nuntak khuasak na zong hamsa semsem hi.

A tawpkhakna-ah guah hong zu hi. Sangnaupangte le sangsiate in biakinn ah hong kikhawm uh a, thungen khawmin Pasian min a phat ciat uh hi. Mimal khat ciat in upna tawh thu a nget uh ciangin Topa hehpihna ngahin a kitangsap guah tui a ngah thei uh hi. Sang kihong suak thei-in, lo khawhna zong a nei thei uh hi.

Tui kisam zah kicing takin ngah thei uh hi. Tu-in a ngei bangin nasem theiciat uh hi. Sibongile in tu-in Solusi University ah nasem hi. Pasian ompihna a pulaak kawikawi thei hi.

“Topa in Solusithupha pia hi. Hih thu mun khempeuhah ka pulaak ding hi. Topa in lampi tuamtuam tawh Solusi thupha pia hi.

1994 kumin Sabbath 13na Sumpi in Solusi Adventist High School huh ngei khin hi. Hih sangpi in Solusi University gei-ah om hi



# Lametloh Sabbath TawlNgakna

ZIMBABWE | August 2

Tracy

Tracy in Seventh-day Adventist university ah sangkah dingin ki-ap hi. Saturday ni hong tun ciangin bangmah sem lo-in tawlnga hithiah dingin a ngaihsun hi.

Tracy in Adventist upna bangmah thei a nei kei hi. Solusi University ah laisinin a sangkahnanuamsa mahmah hi. Kum 4 bang sangkah lai ding cih a ngaihsut khak ciangin a sang zawhma-in Adventist biakinn ah kikhawm ding a ngaihsun hi.

Tracy in a sangkahna-ah hallpi khat ah a kituah hi. Nitak khat a ompihtekhat tawh kihokha uh a, tua ni pen Friday ni ahiah bangmahin nitum ciangin biakinnah kikhawm dingin tua alawm in a zawn hi.

Tracy in a sanglai sin zo nai lo hi. Homework bawl ding nei

lai ahiah manin kikhawm lo-in a innlaibawl ding a ngaihsun hi. Ahi zongin a lawm in a zawt ciangin kikhawm dingin biakinn va zuan thei uh hi. Nintak nai 6 hong cin ciangin amaute gel kikhawmdingin va pai uh hi. Hih in Tracy adingin a lamdang thu khat hong suak hi.

Biakinn sung a la kisate a zak ngei om lo hi. Kuamah laam cih zong om se lo hi. Innkuan khat bangin oom uh ahihna amu theihi. A lungsim sungah “Hih biakinn sia kei ei; kikhop zelzel ding hi,” ci-in a ngaihsun thei pah hi.

A zingciangin Saturday hi-in zing sang in kikhawm dingin Tracy le a khanpihte kithawi ngeingai ciat uh hi. Amah zong a lawm tawh kikhawm dingin va pai uhhi.

Tracy in la kisate le thu kigente tha ngah mahmah hi; nuamsamahmah hi. Tua bangin kikhop hun hong tun sialin Tracy in kikhawm dingin biakinn va zuan thei zel hi.

Kum 4 sung bang a sang kahna Solusi Universityah a sangtuahma-in SDA biakinnah va kikhawm thei ahih manin a lungkim mahmah hi. Tracy in kikhop hun le homework bawl ding a hun neihsun a zeek siam thei hi.

Lawm le gual kikhoppih ding mi thak zong mu toto hi. Annekna mun ah va pai zel a, university sangpi panin a kihuante zong a ne thei semsem hi.

Tua bangin a sangkahna-ah nipi kikhop bek tham lo-in nipi kaal thunget cihte zong om zelzel hi. Hun khat ciangin nipi kaal thunget om a, thugensiapa in Zimbabwe khuapi Harare a om pastor khat hi. Nipi kaal khat sung thugenna nei a, a zagh ciangin Zeisu tungah kipia nuam a om hiam, ci-in ki-ap ding hun khat a pulaak hi.

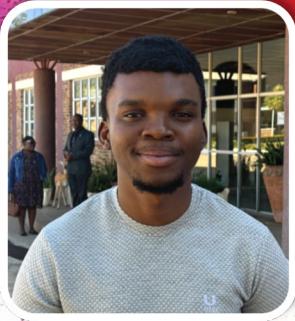
Tua ciangin Tracy in a nuntakna buppi Zeisu tungah

pia- in tuiphum dingin a min a pia hi. Lai Siangtho sim zong nuamsa mahmah a, a hun ngah sialsialin Lai Siangtho a sim tangtang hi. Solusi ah sang a kahma le a sangkah khit a nunzia tampi kikhel amu thei hi. Sanglai sinna panin Sabbath thuman zong amu thei hi. Hun khatlai-in Sunday ni siangtho sak hi mah taleh tu-in Sabbath ni a tawlnga-in a siangthosak ta hi.

Sabbath ni hong tun ciangin tawlnga hithiat a, a sangkahna tawh kisai peuhmah bangmah a sem nawn kei hi. Pasian deihna bangin Sababth ni a tawlnga hi.

Tracy in a lawmte tungah amuh thak thu upna thu a pulaak hi. A lawmte tungah “Pasian deihna bangin nungta msa phot lehang in Pasian in i kitangsapna khempeuh hong sik hong pia hi. A Sabbath ni tawlnga un” ci-in a lawm a gualte tungah Sabbath thuman thu a hilh sawn thei hi. A lawmten zong lamdangsa mahmah uh hi.

Tu quarter Sabbath 13na sumpi in Solusi University ah kipuak ding hi.



# “Ka Lung uh a Dam mahmah”

ZIMBABWE | August 9

Siyabonga

Siyabonga a khiatna in “Ka lungdam uh hi” cihna hi. Siyabonga in Siswati kampau uh hi. Siyabonga in lungdam phadiak hi. A nu in kiho dingin zan nai 8 kiimin sam hi.

A nu in a nasepna pan hong ciah hi. Amah pen Eswatiniah manager sem hi. A nu in “kakhaan sungah hong pai in” ci-in asam hi.” Gennop khat nei ing” ci-in a hopih hi.

Siyabonga in bang thuhi ding hiam cih thei lo ahih manin tua bangin a nu in a sap ciangin lamdang sa mahmah hi. “Lung nopna khat ka nei hi. Hihmun in nang om nading mun hi,” ci-in gen hi. Tua ciangin Siyabonga in a nu gen’ thu a thei hi.

A nu in a lawmte khat kiangahlamlhilhna khat a nei ngei khin hi. Solusi university ah sangkah dingin a sawl hi. Hih university in amau omna khua

panin tai 500 bang gamla hi.

Siyabonga zong Solusi university ah sangkah nuam hi. A nu tungah “Va kisin photphot ning” ci-in a gen hi.

Ni khat ciangin Solusi ah sangkah dingin va tung hi. Hih university a kah ciangin Saturday ni ciangin sangkikhakin, sang nau pangte in biakinn ah kikhawm uh hi, cih thei a., bang hangin hih mite in Saturday ni-in biakpiakna pia uh hi ding hiam, ci-in lamdangsa mah mah hi.

Sangnaupang khat tungah “Bang hangin Saturday ni- in biakpiakna nei na hi uh hiam? ci-in a dong hi.

Tua pa in zong bang hangin Adventist pawlpi in Saturday ni-in Pasian bia hi dinghiam, cih a thei tuan kei hi. A dang khat in SDAtc in Sunday ni-in biakpiakna nei lo uh hi, cih ciang bek a gen thei hi.

Siyabonga in kikhop ding kin ngei lo hi. Ahi zongin khat veivei kikhawm theizel hi. Sanghuang sung khempeuh inthungetna tawh kidim hi. Siate in laihilh kipatma-in sangnaupangte tawh thungen kawm den uh hi.

Anneekna hallpi sung khawng thungenin kizang hi. Hih annekkhallpi in 2015 kum Sabbath school sumpi huhna tawh a kilam innpi khat ahi hi. Ahi zongin Siyabonga in hih bangin thungen hahkat mi amu ngei kei hi.

Hih bangin thunget hahkat mite lakah a om ciangin amahmah in zong thunget thalawp mahmah hi. Pasian ompihna zong ngah hi. Tua ciangin Sibonga in hamsatna a tuah cianginlungkia pah hi.

Pasian mai-ah kiniamkhiatna lungsim a nei thei hi; Pasian mai-ah bangmah man lo ahihlam a kiphawk pha semsem hi.

Pasian kiang panin mawhmaina a ngen hi. Siyabonga in Solusi hong paima-in zong tui kiphum ding a ngaihsun hi. Ahi zongin kiphum pah lo-in a hun sotsot toto hi. Ka khial kha diam ci-in ngaihsun ahih manin tua bangin a hun hong bei toto hi.

Ahi zongin Kha Siangtho ompihna ngahin a mawhnate

kisikkikin tui kiphum ding khensatna a nei hi. Hih bangin a geelna khempeuh a nu tungah a pulaak hi. A nu zong lungdam mahmah hi.

“Na khentatna bangin kalsuan in. Tui kiphum ding na khensat in thu hoih hi; Topan hong ompih hen” a ci hi. A pa in zong tua bang mahin a pulaak hi.

Siyabonga tui akiphum hun sung teng in khua vot mahmah le tui vot mahmah tawh kituak hi. Ahi zongin tui kiphum nading tui kuang sunga a sik ciangin tui votlam a phawk kha nawn kei hi.

Pasian ompihna ngah a hihlam a kiphawk thei hi. Tua bangin Solusi university a tun zawh kha nih khit ciangin tui kiphum thei ahi hi.

Tu-in Siyabonga in Manglai le Communication sinin a om hi. A sang zawh ciangin ahih theih bangin Pasian na sem dingin a khensat khin hi.

Lai Siangtho sim nuamsa-in thunget zong a lawp mahmah khangno khat hong suak hi.

Tu quarter Sabbath School 13na sumpi in Solusi University kipuak ding a, sangnaupangte annekk nading hallpi khat kilam ding hi.



# Pasian Hopihna Za in Mawhna Mudah

NAMIBIA | August 13

Uapahurua

**N**amibia sehnel gam mite khang tangthu in kum zalom tampi val khin hi, cih kimu thei hi. Himba minamte in mun khat pan mun khat zin kawikawi minam khat hi; teenna mun kip, leitang nei lo minam hi.

Tua bangin a zinkawikawi-na vuah a gan kawiteuh bawng, keel le tuu tampi tawha zin khawm uh hi. Guah zuih humento sung ahi thei bangbangin tui khol uh a, kum kha tawntung khom phial mai uh hi.

Uapahuruain Himba minam hi-in, Himba minam lakah Seventh-day Adventist Pawlpi hong lut amahbek mah hi photlai hi. 1993 kuminPasian thu a zakna panin SDA thuzui mi-ah hong kikhel thei hi. Ama tangthu in a nuai bang hi.

Uapahurua Himba minam khangno khat hi. Guta thei-in, mi tawh kitawng kilai, zu kham den hi. Hih bang teng tawh nitum den hi mai hi. Tuu le keel honpi khat khawi uh a, lokho mi khat zong

hi. Vaimim cing uh hi. Sum thalawh theih nading bangmah neilo uh hi. Kumpi in uhamte pension pia uh a, tua simloh sum ngahna nei lo uh hi.

Sum a ngah uh ciangin khang note in piteek puteekte kiang hawh uh a, zu lei nading sum ngen uh hi.

Nasep nei mi tawmno khat bek om uh hi. Tua bangin zu dawnin khangnote kitawng kilai-in a omni khat Uapahurua in “Ka pai-na lampi panin kihemkhia in” ci-in awging khat a za hi. Tua bangin khangno te khat le khat kitawng kilai kivua uh hi.

Uapahurua in khangno tampi in gamlakah bawngcingin a omlai a phawk hi. Tua bawngte khat sawl kawmah a si khat a mu hi. Hih bawngsi in a kigu bawng khat hi-in, zuakin zu lei nadingin kigeel ahihna thu a thei uh hi.

Tuakhangnote in bawngneite tungahbawng man zah ding sum pia kik dingin a kithukim uh hi.

Uapahurua adingin guktakna, zu khamna le gualnop nading bek a mungtup lian bel a suaksak hi. Tua bangin a nuntak laitak mahin Seventh-day Adventist pastorkhat hong pai hi. Hih pastor in Himba minamte lakah hotkhiatna thugen in kikoih pastor hi. Hih pastor in Pasian thu a genpihpih hi.

Uapahurua in Pasian thu za ngei peuhmah lo hi. Tua hi-in Pasian thu a zak ciangin a theih beh toto nuam hi. Tua ciangin Sabbath ni hong tunciangin a geia singnuai khatah biakpiakna a nei khawm uh hi.

Himba mite a tam zaw khangnotein sangkah ngei lo uh hi. Tua hi-inlaipai thei lo uh hi. Pastor in Lai Siangtho tangthute a gen ciangin Uapahurua a kipan khangno tampiin zaknopsa thei mahmah uh hi.

Nipi khat khit ciangin a gamtatnate man lo ahihlam a kiphawk hi. Pastor in singnuai akikhawm dingin hong pai zo denlo hi. Tua bangin pastor a pai loh Sabbath kikhop ciangin Uapahurua in SDA biakinn nai penpen khatah va kikhawm hi.

Tua bangin a kikhop ding ciangin zingsang tho baih mah mah hi. Nai 7 bang khe tawh a pai khitciangin SDA biakinn khat ah vakikhawm theizel hi.

Mi' na' guksak, mi tawh kitawng kilai cih bangina hun bei den khat ahih manin Pasian deih na bangin a nungtanuam mah mah ta hi.

Pastor in Lai Siangtho simna nei-a, vantunghuman thute a zak ciangin Uapahurua in Pasian deihna tawhkituak het lo ahihlam kiphawk hi. A mawhnate kisikin tui kiphumdingin a khensat hi.

A kituiphum ciangin kum 23 cing khin pan hi. Tu-in ahihleh kum 46 cingkhin hi.

A kituiphum khit ciangin zong ziat-etna tawh kipelh lo hi. "Thu zui hih ding a hamsa mahmah hi," cih a thei hi.

Mihing hanciamna tawh Pasian deihna kizui zo hi lo ahihlam zong a thei toto hi. A kituiphum khit ciangin guta nawnlo, mi tawh kitawng nawn lo hi; a nunzia khempeuhkikhel hi. A lawm a gualte in lamdangsa mahmah ciat uh hi.

1993 kumin Sabbath 13na sumpi tawh Himba minamte lak ah nasep nadingin huhna kipia khin ngei hi. Tu quarter Sabbath school 13na sumpi in Namibia gamah kipuak ding hi. Hih minam te pau tawh AWR thugenna kinei zo nailo ahih manin AWR tawh nasepna kipan dingin geelna om hi.



# Pasian Theih Nopna Lungsim

NAMIBIA | August 23

Kazuvakua

Namibia sehnal gam a mite tangthu in kum tul tampi cing khin hi. Hih minamte pen munkhat pan mun khat ah kituah kawikawi uh hi. Teenna gam kician neilo uh hi. Keel le tuu tampipi khawi uh a, vaimiim limtakin cing zihziah uh hi. Kum khat khom ding lokho uh hi. Lo'khawnha mun ah lo' buk neu nono lam uh a, tua lo'bukte in amaute teenna mun suak hi. Tuk hun sungin lopawi uh a, tua bangin khuasa-in nungta uh hi.

Kazuvakua in kum 24 a cing khin in ta thum nei khin hi. 1993 kum leitung bup pawlpi huhna, Sababth 13na sumpi tawh a kibawl Pasian thugenna panin Zeisu Khazih pen Honpa le Tanpa in a sang nupi khat hi.

Kazuvakua in leengla khat hong pai a muh ciangin a heh suak hi. Hih mipa cikmah hunin mu ngei nai lo hi. Ni dangin a pai-na ngei ah pai dingin tua mipa hong pai ahihi. Tua bangin Kazuvakua ii sapna angah man

in tua mipa zonglungdam mah mah hi. Saturday ni hong tungin biakinn ah kikhawm ding in a nihun hong pai thei uh hi.

SDA biakinnah kikhop hun sungsawt hetlo hi. Biakinn zong Kazuakua inn panin khe tawh minutes 15 khawng bek pai hi. Biakinn nei nailo uh ahih manin tua bangin singkung nuai khatah kikhawm uh hangin a kikhawm mite in lawp mahmah na nei ciat thei uh hi. Hih kikhopna munah pastor in pawlpi mite la hilhna khat zong a nei hi.

La thak kihilh bek tham lo-in thugenna zong nei hi. Kazuakua in Pasian thu theihna bangmah nei lo hi. Ahi zongin tua bangin a kikhopna panin Sabbath khat khit Sabbath khatah a thu ngaih na tung tawnin vatnung thuman a thei toto hi.

Pasian in na khempeuh Piangsakpa,mihingte kitang' sap nate hong sik hong pia Pasian hi, cih a theihna hangin lungnopna le khamuanna khat a nei hi.

Tua Sabbath ni a kikhopnah ah thugen pa in mawh kisikna thu a gen hi. Pasian hotkhiatna i ngah nadingin mawhna kisik kul hi, ci-in pastor in thu hilhna nei hi. A Sabbath kik ciangin hong kikhawm kik a, pastor in mun dang ah kituah ding cihthu za hi.

Pastor dingin sia khat hong tung hi. Kazuakua in sia khat hong tun veve-na hangin alungdam hi. Bek tham lo-in mun dang panin Lai Siangtho thusinna aneihiph ding sia khat in kha khat innih vei bang hong pai-in Lai Siangtho thusinna a neihiphih hi.

Kazuvakua in hih munah thu ngai dingin hong pai kikkik thei hi. Lai Siangtho hilhpa in nipi kaal thungetna khat nei-a, amah mah in thugen hi. Pawlpi mite bek thamlo-in khua sung mite zong thungai dingin tua sing kung nuai-ah hong kikai khawm ciat uh hi.

Thungai nuam mi tam mawh lo ahih manin nipi kaal nih sung thugenna a neiuhi. Thugenpa in lim tuamtuan lahna zong nei a, projector tawh tua bangin lahna a nei hi. Thungai mite zoong ciim man lo uh hi.

A gamla pipi a tu mite zong amu thei a za thei uh hi. Topa Pasian in ciangtan nei lo hihna, sep theihna, nei a, Ama ukna in

a kip tawntung ding ahihna a kipan Khazih nunzia le tong, hotkhiatna thute a pulaak toto hi. Hih a kituiphumna uh Kazuakua in a lap kha kei hi.

Lai Siangtho hilh siapa in tui kiphumte ading tuiphumna letmat zong kawikawi a, tua khua tawh kigamla lo khua khatah SDA biakinn om a, tua biakinn panin a ngah thei bilbel hi. Hih SDA biakinn omna khua pen khe tawh nai 7 bang kipai hi. Mawtaw om lo ahih manin khe mah tawh a pai uh hi.

Kazuvakua in zong kitui phum ding lunggulhna nei hi. A nuntakna khempeuh tawh Topa a ithi. "Ka Honpa Topa Pasian ka it hi,"ci-in a pulaak hi. Pasian sawl bangbang mang dingin a kigingsa- in a om tawntung hi. Zan alupding ciangin ahi zongin zingsang athawh ciangin a hi zongin Topa a itna thu a ten hi.

Himba midangte bang lo-in Kazaukua in laisim uk mahmah hi. Lai Siangthosim nuam taleh Lai Siangtho bu neilo hi. Himba pau tawh kigelh Lai Siangtho bu tam het lo hi." Lai Siagtho bu ka deih hi. Pasian thu nungta ka thei semsem nuam hi, ciin genhi.

Tu quarter Sabbath 13na sumpi in Himba minamte lakah pawlpi nasepna huh nadingin kipuak ding hi.



# A Tuam diak

## Guahzukna

NAMIBIA | August 30

Tjiyapana

Tjiyapana in khua hausa sem khat hi. Hih khua ah inn 15 khawng bek hi. Mun khat pan mun khatah a kituah kawikawi minamte ahih manun mun kip, teenna leitang nei lo minamte hi.

Amah zong 1993kum a Pasian thugenna khat panin Pasian thu um mi khat hong suak hi. Tjiyapana in a kum phazah theilo hi. A nulepate in a suah ni, kha,kum cihte ciaptehna nei lo uh hi. Ama upmawh ah kum 82 a cingkhin dingin kingaihsun hi. Zi 4 nei-in suan le khak tampi zong nei hi.

A nulepa tung panin Pasian thu a za hi. A pa in Adventist missionary khat tung panin hotkhiatna thu a na za kha hi.

Hih missionary pa in Portugal gam panin hong pai hi, ama nasepnatungtawnin thu-um mi hong om a, 1993 kumin Pasian thugenna panin SDA hong suak thu-um mite kikhop nading kigeelsak ngeikhin hi.

Hausa a sep akipanin Topa zahtak ding le pahtawi ding kisam ahihna thu a phawk pha semsem thei hi. SDA pastor khat tawh kizopna nei thei-in hih khua-ah Pasian thu hilhna nei dingin a geel uh hi.

Tua bangin biakinnpinei nai lo, singkung nuai khata kikhop na tungtawnin tui kiphummi om veve hi. HIh in Pasian omna taktak hi, cih ding simloighthu dang omlo hi. Himba minamte

sangkah ngeilo tam mahmah uh hi.

Sangkah lo ahih manun laipai thei lo uh hi. Tua hi-in tua Thuhilhsiapa in laipai simzia, laisimna, laigelh theihna a sinsak hi. Nipi kaal nih bang a hilh khit ciangin mi tami in laisim thei pah lel uh hi. Bek tham lo-in hih mun kimtengah khuakhal mahmahin guah zuk loh sawt khin mahmah hi.

Pasian thu-um mite in guah zuknading thungetkhopna zong nei uhhi. Tawl khat khit ciangin guahhong zu a, lo kho mi ahih bangmahun an pawi thei pah uhhi. Hih Himba minamte lakah Pasian thu manlang takin hong kizel hi.

Pasian in zong amautekitang sapnate a pia hi, cih kimu hi. Guah zuk loh sawt khinta mah leh thu-ummite thungetna hang in kha 4 sung bang guahzu a, a kisam zah guahtui a ngah thei uh hi.” Pasian in hong ompih taktak hi, cih ka thei hi” ci-in Pasian ompihna tecipang thei uh hi.

Hausa pa in tua bangin lamdang takin Pasian ompihna amuh toto thei hi. Ni dang bang

nawn lo-in khua sung mite lakah zong guta tawm semsem hi, Khua sung mite nunzia tampi kikhel ahihna zong amu thei uh hi. Khua sungah guta om nawn lo, kitawng kilai cihte zong kimu nawn lo hi.

Khua sung mite akipan hausapa dongin Pasian thuman hangin khua sungah kikhelna lianpi hong tunmanin alungdam mahmah ciat uh hi. Tua bek tham lo-in Tjiyapana in SDA biakinn khat alunggulhna thu zong a pulaak hi.

Amau tawh kinai penpen SDA biakinn in khe tawh nai 8 bang kipai-na khua khatah bel om sam hi. Hausapa Tjiyapana in biakinn lam nading leitang mun khat a pia khia khin hi.

“Biakinnpi khat om ding ka deihna hi” ci-in a lunggulh thu a pulaak hi. Tua hi-in biakinn a neihzawh ma-un ngei-na bangin singkung nuai khatah biakpiak na nei uh hi.

Tu quarter Sabbath School 13na sumpi in Himba minamte lakah nasepna huh nadingin kipuak ding hi.



# Zudawn, Gu'ta, Le Pasian

ZAMBIA | September 6

Bethel

**B**ethel in Zambia gam a om Rusangu University ah sang kah dingin amin piakhinkhat hi. Bang hangin hih sangah kah nuam hiam cihleh a zu dawn khawl nuam hi. Hih sangpi in SDA pawlpi biakna sang hi-in, ka nunzia hong khel dinghi, cih lametna lianpi khat a nei hi.

Bethel in SDA innkuan sung pan akhangkhia khangno khat hi. Kum 15 a phakin a nu in sihsan hi. A nu nusiatna hangin dahlua ahih manin, a lawm le gualte in na lunglenna, na lung khamna na mangngilh nopleh zu dawn in ci-in sawl uh hi.

Nisimin zu dawn den a, kum nih sung bangtua bangin a hun beisak hi. Tan 10 a zawh khit ciangin a TV etna panin Rusangu University thu kigen khat a mukha hi.

Hihsanginn ah sangkah sang naupangpeuhmah in zu dawnlo, za tep theilo hi, cih a theih a kipan hihuniversity ah sangkah nopna lungsim a nei hi. Hih

sangah vakah thei hi leng ka nunzia kikhel ding hi, ci-in lametna lianpi a nei hi.

Sangkah dingin hih university ah tun hangin a zongsatna hoih lo, zu dawn a kikhel zo tuan kei hi. Mi muh lohna mun simtham khat peuh zong kawikawi-in tua bangin zu dawn zel, zatep zelin a om hi.

Ni khat tua bangin a om laitakinsangsia khat in vamu hi. Amah bekhi lo-in a lawmte khat le nih tawh tua bangin zu dawmin a om uh hi. Tua bangin om niloh a lamet bei dinmun hong tung hi.

Nitak khat a lawmte thum tawh zu lei nadingsum nei lo-in om uh hi. Tua hi-in van guk ding hong ngaihsun uh a, hallpi sungah vante gu dingin hong kithawi uh hi. Zan puante le puanza tuamtuanme gu uh hi.

A vekpi-un mat le hen a thuak uh hi. Thongkia-in a om sungin Bethel in a nunziate ngaihsun kikkik a, tua bangin a

gamtatnate hoih lo ahihlam zong thei hi. Mawh, khial zong kisa hi. Tawlpi khat sung mah thongkia-in kikoih hi.

Suahtak nading lamet om lo mawk hi ta hi. Pasian tungah khitui luangin a mawhnate a thuumhi. “Topa aw, ka mawhna te hong maisak in. Tu a kipan ka kikhel ding hi. Nangma deihloh na peuhmah ka sem ka bawl nawn kei ding hi, ci-in Topa tungah kamciam zong a pia hi.

Ni 15 khit ciangin Bethel in thongkiatna panin a suakta thei hi. A lawmteng tawh kikum uh a, bangci banginsuakta thei cih thu a thei zo kei uh hi.

Hih pen a lamdang mahmah thuhi. Pasian nasepna lianpi khat hi, ci-in Topa tungah lungdam a ko ciat uh hi. A taktakin sangnaupangkhat in tua bangin sang thukhun a palsatte sang panin kihawl khia hi. Bethel in ama gamtatnate le a thongkiatna thute a ngaihsut kikkik ciangin Pasian in sangkah theih nading hun hoih khat hongpia kik hi, ci-in a um hi. Thonginn sungah a om lai- a Topa tungah a kamciamte a phawkkik hi.

A nunzia khempeuh kikhel dingin Topa tungah a thunget na te zong a phawkkik thei hi. Zu dawn nawn lohi. Lai Siangtho



sim a kipan thei hi. Thong pan a suahtak zawh kha khat khit ciangin a nuntakna Topa tungah kipia-in tui kiphum hi. Sang nau pangte le sangsiate in Bethel amuh ciang un lamdangsauh hi.

Ni dang tawh kibang nawn lo-in a kikhel mahmah khangno khat hi, cih a mu thei ciat uh hi. Sangkhak kuan ciangin sang naupangte pahtawi-na lakah zong Bethel in pahtawi-na ngah dingte lakah kihelkha hi. Gamtat zia le tong hoih lo panin zia le tong hoih ah kikhel sang nau pang ci-in pahtawi-na kipiahi.

Tu-in Bethel in a sangkahna ah sang naupangtemakai lianpi khatin a om hi. A sawtlo-in lukhu neelkai khu ta ding hi. Sangman khinleh pastor sem dingin kipia khin hi.

Bethel in “Pasian in ka nun’ na hong khel hi. Topa tungah thungenin Ama hong khel ding ngen lehang, Topa in hong khel takpi hi,” ci-in a pulaak thei kawikawi hi. Kham theih zu tawh a kidiah khangno khat tu-in Pasian nasemin a kizang thei khat ka suah theihna in Pasian hong hehpihna taktak hi” a ci hi.

Tu quarter Sabbath School 13na sumpi in Bethel sangkahna university puah nadingin kipuak ding hi.



# A Lamdang mah mah Zato

ZAMBIA | September 13

Mwate

**M**wate Mwambazi pen nau pang siavuandi khat hibek thamlo-in pawl sungah zong upa makai khat hi. Ama nasepna pen Chitanda Lumamba Adventist Zato hi. Hih zato hong pian' khatna zong a lamdang mah mah khat ahi hi. Pasian hehpihna hangin hih zato innpi hong ding thei hi, ci-in a pulaak phapha hi.

Chitanda Lumamba in Zambia gam khua khata hauska khat hi-in, Khristian pawlpi khat tungah leitang 24 acre a piakhia hi. Hih kipawlinate in zato lianpi khat lam uh a, Zambia kumpi a apuh hi. Tua ciangin hih zato innpi pen Seventh-day Adventist Church in len dingin kithukim uh hi. "Hih zato no len unla, Mwami zato bangin bawl un"ci-in kizasak uh hi. Hih zato inn in cidam nading bek tham lo-in nuntak dam nading, thu upna dam nadingin kilunggulh mah mah hi, ci-in a kikupna zong a nei uh hi.

Mwami Adventist Zato innpi in Zambia khanglam khua- khat

ah om hi. Tua bangin zato innpi khat SDA pawlpi let dingin a lunggulhna uh a hang pen hih bang ahi hi: "Hihzato in zato dangte bangin sum zon na zato hilo hi.

A meetngah nading a kisem zato hilo hi. Kum khat sung a sumbeikhempeuh kumkhat sung a sum ngahzah tawh kituak in sum zekzato hi. Khua sung khua pua mite phattuam nading mungtup lianbelin anei zato hi. Hih bangina kisep zawh nading lunggulhnatawh leitang kipia hi, ci-in Mwatein a gen hi.

A lamdang mahmah zato innpi khat hong suak hi. Hihzato kim a teenge in zokhosing pua mi vive hi-in, nek'tawm' zong ahih manun sum neilo uh hi. Zato honpawi bawlma-in Adventist Pawlpi in kongkhakte akipan tui lak nading a kisam bangteng a bawlsak uh hi.

Zambia president in Seventh-day Adventist thu zui mi khat hi-in hihzato lam na-ah zong huhna

tampi a piakhia hi. Mwate in Northern Zambia Union Conference ah cidamna lamah makaipi khat hi.

“Pasian hehpihna tawh tua bangin Pasian nasepna-ah ma suan lianpinei to thei suak hi. Ama sum tawh Pasian nasepna-ah kihelna tampi nei hi. Hih a kilam innpi zong ama piakkhiatna kihel hi.

2023 kum a kipan a kizang toto khat hi- in, president Hakainde Hichilema in kumpi huhna pia dingin kamciam hi. Kumpi huhna ngah thei uh hileh meiset le misite kikoih nading inn khat lam dingin geelna nei uh hi. Zambia gam in mei gina neilo hi. Gam sungah guahui tawmna hangin mei pia zolo suak hi.

Kha nga khit ciangin meiset hong tung a, misite koihna- ah kizang theipah hi. Hih zato inn in khua sung mite bek tham lo-in khua kim khua paam khua tampi panin mi tampi in phattuamna ngah thei uh hi. “Mite nop tuam nading i huh theihte i huh ding kisam mahmah hi.

Mapan khopna hangin a gim, a tawl mi khat peuh in tawldamna a ngah theihleh a kiciangtan theilo manphatna hi pah hi, ci-in Mwate in pulaak hi. Zato kihonma-in hih khua tawh kinai

pen zato in tai 55 bang gamla hi. Cina puamawtaw zong khat bek om hi.

Lampi lah gina vet lo-a, cina gim khat a om ciangin a hun lapin zato paipih ding pen hamsa mahmahhi. Ahi zongin tu-in zato inn khat kinei zo ta ahih manin cina mi tampi in noptuam ngah thei uh hi. Mwate pianna nu mahmah zong tua bangin a hun lap a zato kipuak thei lo ahih manin a natna tawh si hi.

Tu-in hih zato ah puan sawpna le anhuanna inn ding kisam lai hi, ci-in Mwate pulaak hi. Anhuan buk pen cinate ading bek tham lo-in natkhoite adingin zong a kisam mahmah khat hong suak hi. “Africa gamah mi khat peuh dam lo-in a om ciangin khua sung mi khempeuh kihu kipanpih mah mah uh hi. Zato zuan khat a om ciangin a tawm pen mi nga le guk bangin zui ngeingai thei uhhi.

Tua zato ah cinate bek hilo-in, cinate an huan inn zong kisam mahmah hi. Tua khit ciangin puansawpna zong kisammahmah hi. “Tu-in ahihlehpuaansawpna nei nailo uh ahih manin singkung nuai peuhah puansawp uh hi.

Tu quarter Sabbath School 13na sumpi in Mwate nasepna zato puah nadingin kipuak ding hi.

# Zato in Nunzia Kheel

ZAMBIA | September 20

Chitanda Lumamba Adventist Hospital



**C**hitanda Lumamba Adventist Zato in Zambia gam khuano khatah om hi. Hih khua mite inlokho singpua mi vive hi. Tua hi-in sum le paai hau kuamah om louh hi.

Neek tawm zong vive hi mai uh hi. Khua no khat ahinhna tawh kizui-in khangnote in zu dawm uh a, khangno lai pipi mah zi neipasal nei tam uh hi.

Mawtaw, cycle cihte om lo ahih manin a painopna mun vuah khe mah tawhpai tangtang uh hi.

Adventist zato kilam ma-in hih khua mite in khetawh khua dang khatah cinatekilahna khat om a, tua khua vazuan uh hi.

A taktakin zato khatin cina pua mawtaw neih dingkilawm buangsam hi.

Hih khuanotampite in tua bangin kikawmna hoih lohna

hangin cinatna a tuah uh ciangin genthei mahmah uh hi. Khua 5, khua 6 bang kipawl uh a,cina pua mawtaw khat bang a neizo sam uh hi. Tua cina pua mawtaw in a cina khempeuh puazo hi.

A damlo khat a om ciangin khe tawh zato va zuan uh a, zato ah kibawl khit ciangin damin innciah dingte in mawtaw sap pia-in mawtaw tawh inn ciah thei bek uh hi.

Zato nai penpen in tai 90 bang pha hi. Khat veivei ciangin cina mawtaw awng lo thei zel hi. Na kikhaam khinleh kingah nawn lo ahih manin cinate genthei mahmah uh hi.

Khat veiveiciangin ni khat thapaa bang ngak kul hun om thei hi. Tua hi-in cinate in khe tawh nai 60 banglam pai-in zato zuan nuam zaw uhhi.

Hih SDA zato kihon ma-in nausuak ding nupi khat in cina mawtaw sam a, a mawtaw awng lo ahih manin zato tung man loinnausuak nupi zong tampi om khin hi.

Ahi zongin tu-in Adventist zato khat a om manin khua sung mi tampi in phattuam pih mahmahuh hi.

Khat vei nupi nausuak ding khat in bawngleng tuangin zato hong zuan ngei hi. A innpihte le sanggamte mi 6 bang in zui ngeingai uh hi.

Zambia gam ahcina khat a om ciangin a innkuanipte in zong zui ngeingai uh hi.

Zato ah cinate omna in neu-in cinate banah a sanggamte, innkuanipte tawh zato inn sung mi dim thei zel hi. Tu-in cina khat peuh in nuam takin SDA zato zuan thei ta uh hi.

A diakdiakin naupaa-i-a nausuak dingte adingin nuamna lianpi kimu thei hi.

Hih zato inn a omna hangin khua sungmite banah khuakim khua paam panin mi tampi in zong hamphat lawh mahmah uh hi.

“Hih SDA zato in thupha lianpi bawl hi. Hih zato omna hangin ka lungdam mahmah uh hi,” ci-in a pulaak mi tampi om hi.

Hih zato-ah kha khatin nau suak 200 val den hi. Naupang kum 5 a pha khat a khe ki-at kul ahih manin hih zato ah nuam takinlum thei hithiat hi.

“Hih zato inn in zato dangte tawh kibang lo hi; siavuan siamahte in cinate tungah hehpihna lungsim lianpi nei uh a, kibawl nading sum nei lote zong ciahsak lo-in zatui zaha pia veve uh hi. Hih zato panin cina tampiin damna ngahin inn zuan kik thei uh hi.

Chitanda Lumamba Adventist Zato in mi tampi adingin damna zato lianpi khat hi. Khua sung khua pua panin mi tampi in nopna, damna amu theihna zato khat hi.

Tu-in hih zato inn in anhuan nading le puansawpna ding kisam mahmah uh hi.

Puan sawpna pen khut mah tawh sawp a, a keusak nading set kisam hi. Hih zato in Northern Zambia Union Conference nuai-a kihong hi.

Tu quarter Sabbath school 13na sumpi in Chitanda Lumamba Adventist Zato puah nadingin kipuak ding hi.

Mai Sabbath in quarter cin Sabbath 13na ahih manin sumpi khiat ngei zah thum khia ciat dingin a kihanthawn nuam hi.



# Tuahsiatna pan Hamphatna

SABBATH 13 NA | September 27

Emmanuel

Emmanuel Mwewa in Bangweulu kici bual tung ah tam veipi kunkuang neu hotin kim kotkot hi. Hih bual tungah kunkuang tampi om a, mi 100,000 val bangin sum muhna-innei uh hi.

Zambia gam mi tampite in gunkuang tawh nekzong uh hi. Emmanuel in Adventist pastor khat ahih bangmahin nipi khatin thu -um mi 1,300 val bang tungahthu hilhna anei den hi.

Hih bual kim ah tuikulh neu nono zong tampi om a, a kunkuang mah tawh va pai kawikawi thei hi. Hih tuikulh kim Tengah SDA biakinn 10 val bang om ding hi.

Hih bual sungah gunkuang khat kibung a, mi 14 SDA pawlpite sihvui-na a nei uh hi.

“Siluang bekbek 14 mai-ah a din ciangin a khitui luang khaam zo lo hi. Kumpi lampan hi taleh pawlpi biakna lam pan makaite hi taleh sigalin hong pai ciat uh hi.

Hi bang tuahsiatna in supna lianpi khat hi. Hih a tuahsiatni uh pen Friday ni hi-in, gunkuang tungah Adventist thu-um mi 24 tuang uh a, gunkuang dang khat tawh kiphu khakna pan gunkuang tum hi.

Adventist pastor in tua Sabbath ni-in hih tuikulhte-ah pai-in biakpiakna neihpih ding cih geelna nei hi. Ama pai tawh kituakin hih sivui- na ah a va

kihel thei suak hi.

Bek tham lo-in Pathfinder khangno pawipi khat zong nei dingin geelna nei uh hi. Tha khat thu-in tua bual tungah huih hat mahmah hong nung hi.

Huihpi nunna hangin tuihual lianpi khat a tuak kha uh hi. Tua tuihual in gunkuang sukha ahih manin gunkuang tui sungah tumsuk hi. Asuakta thei mi 28 khawng kimu hi. Adang mi 14te a luang bek kimu hi.

Tuate lakah kum 2 a pha pan naupangno khat zong kihel hi. Hihtuahsiatna thu Zambia gam sung khempeuhah kizel mang hi. Hihbang thupiang hangin mi tampi in gunkuang tawh khual zinnalungmuan om nawn lo hi, cih ngaihsun ciat uh hi.

Kumpi gunkuang lo buang muanhui lo hi, kici tek hi. Hih sihvui-na ah kumpi makai tampi zong kihel uh hi.

Tua makaite khat in SDA pawlpi makaite tungah thuumna khat a nei hi. Hih bang tuahsiatna a om nawn loh nadingin i dal kul hi, ci-in pulaakna a nei hi. Kumpi in gunkuang vaihawmsak ding a,

pawlpi in zong vahawm leh hoihding hi, ci-in pulaakna a nei hi.

Northern Zambia Union Conference nuai-a om hih tuikulhle bual in pawlpi adingin zong Pasian nasep theihna lianpi khathong suak thei hi.

“Tua hi-in Northern Zambia Union Conference in gunkuang ahikkeileh tembaw, khualzinna ah kizang thei ding khat neih dinghoihsa mahmah uh hi. Ahi zongin tua bangin gunkuang, ahi-a, tembaw ahi zongin khat ciangin US \$ 100000 bang bei ding hi. Pawlpi in lah tua zah sum nei lo ahih manun leitungbup pawlpi mite tungah huhna ngen dingin a gem uh hi.

Tu quarter Sabbath School 13na sumpi in Zambia gam sung pawlpi nasepna huh nadingin kipuak dinghi.

Nung Sabbath ni-a i kizaksakna om bangin tu Sabbath in quarter cin Sabbath hi-a, sumpi khat ngei a zah thum khia ciatdingin khat vei a kihanthawn kik ihi hi.